

2023 ECNC HS Track & Field Meet - Order of Events

FIELD EVENTS – 10:00 AM

Boys' Discus followed by Girls' Discus

Girls' Shot Put followed by Boys' Shot Put

Boys' Long Jump followed by Boys' Triple Jump (pits assigned on meet day)

Girls' Long Jump followed by Girls' Triple Jump (pits assigned on meet day)

Girls' Pole Vault followed by Boys' Pole Vault

Boys' High Jump followed by Girls' High Jump

RUNNING EVENTS – 12:30 PM

3200 Meter Relay	Girls	Finals
3200 Meter Relay	Boys	Finals
100 Meter Intermediate Hurdles	Girls	Preliminary
110 Meter High Hurdles	Boys	Preliminary
100 Meter Dash	Girls	Preliminary
100 Meter Dash	Boys	Preliminary
400 Meter Dash	Girls	Finals
400 Meter Dash	Boys	Finals
3200 Meter Run	Girls	Finals
3200 Meter Run	Boys	Finals
200 Meter Dash	Girls	Preliminary
200 Meter Dash	Boys	Preliminary

BREAK (ECNC All-Conference Basketball & Wrestlers Recognized)

100 Meter Intermediate Hurdles	Girls	Finals
110 Meter High Hurdles	Boys	Finals
100 Meter Dash	Girls	Finals
100 Meter Dash	Boys	Finals
800 Meter Run	Girls	Finals
800 Meter Run	Boys	Finals
300 Meter Hurdles	Girls	Finals
300 Meter Hurdles	Boys	Finals
200 Meter Dash	Girls	Finals
200 Meter Dash	Boys	Finals
1600 Meter Run	Girls	Finals
1600 Meter Run	Boys	Finals
400 Meter Relay	Girls	Finals
400 Meter Relay	Boys	Finals
1600 Meter Relay	Girls	Finals
1600 Meter Relay	Boys	Finals