

# MUDECAS TRACK & FIELD INFORMATION



JOHNSON COUNTY CENTRAL  
Home of the Thunderbirds



**Event:** High School Track MUDECAS Invite

**Date:** Saturday, April 20, 2024

## **8:30 AM - Coaches Meeting**

## **9:00 AM - Field Events**

Boys Discus *followed by* Boys Shot Put

Girls Shot Put *followed by* Girls Discus

Girls Long Jump *followed by* Boys Long Jump

Boys Triple Jump *followed by* Girls Triple Jump

Girls High Jump *followed by* Boys High Jump

Boys Pole Vault *followed by* Girls Pole Vault

**\*\*Unified Events will hopefully start around 11:00 and will rotate from long jump, shot put, 100m dash, and 4x100 relay.**

## **12:00 PM - Running Events**

3200 Meter Relay - *Girls Final*

3200 Meter Relay - *Boys Final*

100 Meter Hurdles - *Girls Prelims*

110 Meter Hurdles - *Boys Prelims*

100 Meter Dash - *Girls Prelims*

100 Meter Dash - *Boys Prelims*

400 Meter Dash - *Girls Finals*

400 Meter Dash - *Boys Finals*

3200 Meter Run - *Girls Finals*

3200 Meter Run - *Boys Finals*

200 Meter Dash - *Girls Prelims*

200 Meter Dash - *Boys Prelims*

## **Break**

100 Meter Hurdles - *Girls Finals*

110 Meter Hurdles - *Boys Finals*

100 Meter Dash - *Girls Finals*

100 Meter Dash - *Boys Finals*

800 Meter Run - *Girls Finals*

800 Meter Run - *Boys Finals*

300 Meter Hurdles - *Girls Finals*

300 Meter Hurdles - *Boys Finals*

200 Meter Dash - *Girls Finals*

200 Meter Dash - *Boys Finals*

1600 Meter Run - *Girls Finals*

1600 Meter Run - *Boys Finals*

400 Meter Relay - *Girls Finals*

400 Meter Relay - *Boys Finals*

1600 Meter Relay - *Girls Finals*

1600 Meter Relay - *Boys Finals*

**\*\*The eight fastest times will qualify for the finals\*\***