

Event: ECNC Track Championships at Johnson County Central

Date: Saturday, May 3, 2025

8:15 AM - Coaches Meeting

9:00 AM - Field Events

Boys Discus *followed by* Boys Shot Put

Girls Shot Put *followed by* Girls Discus

Girls Long Jump *followed by* Boys Long Jump

Boys Triple Jump *followed by* Girls Triple Jump

Girls High Jump *followed by* Boys High Jump

Boys Pole Vault *followed by* Girls Pole Vault

Unified Events @ 10:30 (long jump followed by shot put followed by 100m dash followed by 4x100 relay).

12:00 PM - Running Events

3200 Meter Relay - *Girls Finals*

3200 Meter Relay - *Boys Finals*

100 Meter Hurdles - *Girls Prelims*

110 Meter Hurdles - *Boys Prelims*

100 Meter Dash - *Girls Prelims*

100 Meter Dash - *Boys Prelims*

400 Meter Dash - *Girls Finals*

400 Meter Dash - *Boys Finals*

3200 Meter Run - *Girls Finals*

3200 Meter Run - *Boys Finals*

200 Meter Dash - *Girls Prelims*

200 Meter Dash - *Boys Prelims*

Break *ECNC ALL CONFERENCE WILL BE RECOGNIZED (wrestling, basketball, boys golf)

100 Meter Hurdles - *Girls Finals*

110 Meter Hurdles - *Boys Finals*

100 Meter Dash - *Girls Finals*

100 Meter Dash - *Boys Finals*

800 Meter Run - *Girls Finals*

800 Meter Run - *Boys Finals*

300 Meter Hurdles - *Girls Finals*

300 Meter Hurdles - *Boys Finals*

200 Meter Dash - *Girls Finals*

200 Meter Dash - *Boys Finals*

1600 Meter Run - *Girls Finals*

1600 Meter Run - *Boys Finals*

400 Meter Relay - *Girls Finals*

400 Meter Relay - *Boys Finals*

1600 Meter Relay - *Girls Finals*

1600 Meter Relay - *Boys Finals*

****The winner in each heat and the next fastest times will qualify for finals**`**