

9:00 AM - Coaches Meeting

9:30 AM - Field Events

Boys Discus *followed by* Boys Shot Put (10:30)
Girls Shot Put *followed by* Girls Discus (10:30)
Girls Long Jump *followed by* Boys Long Jump
Boys Triple Jump *followed by* Girls Triple Jump
Girls High Jump *followed by* Boys High Jump
Boys Pole Vault *followed by* Girls Pole Vault

12:30 PM - Running Events

3200 Meter Relay - *Girls Final*
3200 Meter Relay - *Boys Final*
100 Meter Hurdles - *Girls Prelims*
110 Meter Hurdles - *Boys Prelims*
100 Meter Dash - *Girls Prelims*
100 Meter Dash - *Boys Prelims*
400 Meter Dash - *Girls Finals*
400 Meter Dash - *Boys Finals*
3200 Meter Run - *Girls Finals*
3200 Meter Run - *Boys Finals*
200 Meter Dash - *Girls Prelims*
200 Meter Dash - *Boys Prelims*

Break

100 Meter Hurdles - *Girls Finals*
110 Meter Hurdles - *Boys Finals*
100 Meter Dash - *Girls Finals*
100 Meter Dash - *Boys Finals*
800 Meter Run - *Girls Finals*
800 Meter Run - *Boys Finals*
300 Meter Hurdles - *Girls Finals*
300 Meter Hurdles - *Boys Finals*
200 Meter Dash - *Girls Finals*
200 Meter Dash - *Boys Finals*
1600 Meter Run - *Girls Finals*
1600 Meter Run - *Boys Finals*
400 Meter Relay - *Girls Finals*
400 Meter Relay - *Boys Finals*
1600 Meter Relay - *Girls Finals*
1600 Meter Relay - *Boys Finals*

****The eight fastest times will qualify for the finals****