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402-335-3330

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Superintendent Report

September 2019

by Dr. Galen Boldt



Greetings!

The school year is off to an excellent start! I see a lot of excitement in the eyes of students and staff as we get our feet on the ground to tackle the goals ahead of us in the school year.

With the budget up for discussion and hearings at the September Board Meeting, I want to focus my thoughts on the financial status of the district for my Newsletter comments. We are in our 12th year since the merger of the former Nemaha Valley and Tecumseh school districts and factors that apply to funding of schools have changed in some ways and remained the same in others. When the districts merged we realized a substantial gain in valuation by combining the districts. Over time, however, many factors come together that effect different schools in different ways.

In Nebraska, schools receive funding from State, Federal and Local (tax dollars) sources. For many rural schools, funding from the state has decreased over the years. The chart below shows state equalization funding for the past 3 years as well as State Aid for next year. As you can see, JCC does not have any Option Enrollment (Net Option Funding) because we have more students optioning out than optioning in.

Gen. Fund Revenue	2014-15	2015-16	2016-17	2017-18	2018-19	2019-20
Equalization Aid			0	0	0	0
Net Option Funding			0	0	0	0
Allocated Income Tax		\$ 52,181	\$ 48,067	\$ 51,955	\$ 49,804	
Total		\$ 52,181	\$ 48,067	\$ 51,955	\$ 49,804	

When state funding is reduced, the only way to meet the needs required in the General Fund to operate our schools can come from our local sources, or tax dollars. The chart below shows the history of the JCC valuation since the 14-15 school year:

	2014-15	2015-16	2016-17	2017-18	2018-19	2019-20
Valuation	\$ 597,801,158	\$ 681,585,722	\$ 713,250,755	\$ 726,354,904	\$ 727,324,667	\$ 723,706,953
Increase/Decrease		\$ 83,784,564	\$ 31,665,033	\$ 13,104,149	\$ 969,763	\$ (3,617,714)

The years leading up to 2014 saw some drastic increases in farm land values, which contributed to the rise in the local ability to fund education and the loss of state funds. However, this past year our valuation has actually decreased from the level we held in 2017-18. The end result finds our 19-20 valuation at \$723,706,953, down from \$727,324,667 last year and even the \$726,354,904 from the 17-18 school year. When values go down, the only way to raise the revenue needed to fund increasing costs comes from raising the levy rate.

The following chart shows the history of the levy rate including all funds from the 2014-15 school year:

Levy Rates	2014-15	2015-16	2016-17	2017-18	2018-19	2019-20
General Fund	0.952700	0.862700	0.887800	0.879100	0.878678	0.938909
Bond Fund	0.098700	0.084600	0.067600	0.000000	0.000000	0.000000
Building Fund	0.030300	0.030300	0.030300	0.060600	0.060496	0.029310
QCPUF	0.000000	0.000000	0.000000	0.000000	0.000000	0.000000
Total Levy	\$1.081700	\$0.977600	\$0.985700	\$0.939700	\$0.939174	\$0.968219
Increase/Decrease		(\$0.10410)	\$0.00810	(\$0.04600)	(\$0.00053)	\$0.02905

The increase in the total levy that we will be presenting at the September Budget Hearing is \$0.02905, which will raise an additional \$404,108 in General Fund revenue as indicated by the chart below. In reviewing the chart you see that the General Fund only increased \$58,034 (\$53,146 + \$4,889) in the past two years, yet expenditures increased substantially.

General Fund Revenue	\$ 5,695,252	\$ 5,880,040	\$ 6,332,240	\$ 6,385,386	\$ 6,390,842	\$ 6,794,950
Increase/Decrease		\$ 184,788	\$ 452,200	\$ 53,146	\$ 5,456	\$ 404,108

The chart below shows the increase in expenditures since 16-17 with the projection of expenditures in 19-20. While keeping the tax levy the same for the past two years made sense for keeping taxes as low as possible, it now makes sense to make the recommended increases to the General to give the school funds required to operate.

Expenditures:

2016-17	2017-18	2018-19	2019-20
\$ 7,073,932	\$ 7,431,280	\$ 7,794,446	\$ 8,048,317

It is important to note that the Board of Education scrutinizes expenditures at every Board Meeting and has been doing an excellent job of approving only those things needed to operate our school. Recent increased spending is a result of the increases required to support staff and benefit increases, maintain aging facilities at two sites, and support district needs in critical areas of technology and transportation, as well as general increases in costs of everything. While increased spending has been noted in the last 3 years, the average increase per year since 2007 has been 2.8%.

Rational for the Budget Recommendation:

1. Last year we kept the General Fund levy the same as the year before. The result meant that we had receipts similar to the year before, but expenditures that increased, resulting in a cash flow reduction. The increased levy will help to restore our cash flow to a better position.

2. The increase in General Fund will address the issues associated with the loss of \$100,000 in Grant Funds for Early Childhood, increases required to support Technology, increases required to support Transportation, increases required to support Maintenance and Upkeep issues, and increases required to support salaries and benefits.

3. The decrease in Building Fund revenue will be OK for the next year since we do not have major projects planned. However, if we continue to try and maintain and repair aging facilities, we will be faced with some more difficult financial decisions regarding how much money we continue to budget for repairs and upkeep.

In the end, the tax impact of the levy increase on a property valued at \$100,000 results in an increase of total tax by \$29.05. While no one wants to see their tax statement increase, everyone wants to have a school that we can be proud of. The Board of Education will make the final decision regarding the Budget after the Hearings to discuss the budget and set the taxes prior to the September Board Meeting on Sept. 11.

NEWS FROM PRINCIPAL RICK LESTER

School has started off great, students have their final schedule and extra-curricular activities are already in full gear.

I met with each grade on Thursday, August 22 and discussed the importance of our John Baylor Test Prep Program. Bringing the John Baylor Test Prep Program on-line to JCC district is an investment by the district in our students ACT score: an important measure used for college admission and financial aid. Most test prep courses cost hundreds of dollars, JCC student's will complete the John Baylor ACT Test Prep at school or home 24-7 free of charge. All JCC students will have full access to all the ACT prep sessions and bonus materials. JCC students can use the John Baylor ACT Test Prep as much as they want at school or home.

We truly believe the best and most efficient way for a student to maximize his/her potential on the ACT test is to take challenging core classes throughout their high school career. The John Baylor Test Prep Program is another tool to help students reach their potential on the ACT test.

If you are interested in your student taking the John Baylor Test Prep Program, please make sure your student fills out the form they received at school.

JCC 2019 Homecoming game is Friday, September 20, 2019 vs. Yutan at 7:00 p.m. The Homecoming coronation will take place after the football game on the track with the dance to follow in the high school gym which will conclude at 11:30 p.m. We will have the Homecoming parade on Wednesday, September 18, 2019 starting approximately at 2:15 p.m. The parade will start at the high school and proceed to downtown Tecumseh and go around the square and return to the high school where we will have a pep rally at the football field which is open to the public. Below is a list of the Homecoming week activities and pep rally agenda...come join the fun:

Dress-up days:

Monday, September 16	Color Wars Day
Tuesday, September 17	Dress up Day
Wednesday, September 18	JCC Pride Day
Thursday, September 19	Crazy Hair Day
Friday, September 20	Jersey Day

**All students are asked to wear appropriate attire! We want Spirit Week to be fun and enjoyable!

Wednesday, September 18, 2019 Pep Rally agenda (at Football field):

1. School song
2. Crowd Cheer – Hey Fans We’re Back
3. Crowd Cheer _ Big Cheer
4. Kiss the ??? – FBLA
5. Homecoming Attendants – Activity
6. Homecoming Candidates – Activity
7. Crowd Cheer
8. Crowd Cheer – Hail – Hail!
9. School Song

JCC School song

Thunderbirds Fly

Here's to the new, here's to the old.
Here's to the red, the black, and the gold.
Flying beneath the red, white, and blue.
Proudly display our colors bright and true.
United as one T-Birds will fly.
Sing our affection to ol' central high.
Loyal to her year after year.
Crying the Thunderbird vic'try cheer.
J--C--C-H-S, Thunderbirds, Thunderbirds,
GO GO GO!

HOMECOMING 2019 SPIRIT WEEK

September 16, 2019 - September 20, 2019

MONDAY, September 16, 2019

Color Wars:

SENIORS Black	5TH GRADE Camo
JUNIORS White	4TH GRADE Plaid
SOPHOMORES Blue	3RD GRADE Rainbow
FRESHMEN Pink	2ND GRADE Stripes
8TH GRADE Neon Yellow	1ST GRADE Polka Dots
7TH GRADE Neon Orange	PRE K / KINDERGARTEN Red
6TH GRADE Neon Green	ALL STAFF Tie Dye

TUESDAY, September 17, 2019 (Picture Day)

Dress Up Day - Dress your best and smile pretty.

WEDNESDAY, September 18, 2019 (Parade Day)

JCC Pride Day - Dress all out in Red, Black, and Gold!!

THURSDAY, September 19, 2019

Crazy Hair Day - Get your hair all Wacky

FRIDAY, September 20, 2019 (Early Out!)

Jersey Day - Wear your favorite Pro/College sport team's jersey

**** ALL STUDENTS ARE ASKED TO WEAR APPROPRIATE ATTIRE!!!****
We want Spirit Week to be fun and enjoyable and the privilege
not taken away! Thank you and have a fun Spirit Week!!



Elementary News

J O N R O T H E R
E M A I L : J O N . R O T H E R @ J C C E N T R A L . O R G



SPECIAL POINTS OF INTEREST:

- Mon. Sept. 2—
NO SCHOOL.
- Tues. Sept. 10—
PTO Grandparents
Day!
- Sept. 16-20—
Homecoming Week!
- Fri. Sept. 20—
1:00 PM Dismissal.
- Tues. Sept. 17—
Picture Day (both
sites).

The Pain of Knowing

There are times in my career as a parent when I have been told things about my children that I **either wasn't prepared to hear about or that I didn't like** hearing. Sometimes as parents, we tend to think that our children are behaving and developing just the way we expect they should. However, despite our most valliant efforts, our children deviate from our carefully laid out **plans. Or, they just aren't** performing to the level we think they should in the eyes of others. Receiving this kind of news can produce some reactive (and sometimes negative) emotions.

One of the most common is *anger*. Rolled up into this

emotion of anger is **humiliation, disbelief and shame**. I'm probably even missing a few. As parents, when someone tells us something of a negative nature about our children, we can see this as a criticism of our child or a judgement of our parenting. We can even get caught up with the conspiracy theory that others just want to point out to us how imperfect our children are.

If we have an open mind and are being somewhat realistic about our children, we can be prepared for feedback. I feel that feedback from others who **see my children when I'm not** around can be the most valuable to me. How are they behaving without me? Are they

working hard? Are they being respectful? I expect these things from my children, but do **they do them when I'm not** present?

The true test of our expectations will be how our children **are when we're not around**. If my reaction to feedback is an explosion of emotions aimed at the messenger, then nobody will ever want to share anything with me again. If that is the case, then I will rarely be able to help my children. This kind of information is not always easy to hear, but it is very necessary.

Keep fighting the good fight as parents!

Homecoming Spirit Week

JCC's Elementary students are encouraged to participate in the Homecoming Week activities. As you help your student choose their outfits, please remember that your child is still expected to participate in and complete their coursework. That being said, make sure their costumes/outfits do not impede their ability to see the teacher or use their hands to write and do schoolwork. Please limit or exclude the use of face paint and hair coloring, as both items tend to smear/bleed as the students run and play.

Monday, September 16—Color Wars

- PK & Kindergarten—RED
- 1st Grade—Polka Dots
- 2nd Grade—Stripes
- 3rd Grade—Rainbow
- 4th Grade—Plaid
- 5th Grade—Camo

Tuesday, September 17—Dress Up Day

- Dress your best and smile pretty!
(Formal Wear)

Wednesday, September 18—JCC Pride Day

- Dress all out in Red, Black & Gold!

Thursday, September 19—Crazy Hair Day

- Get your hair all wacky!

Friday, September 20—Jersey Day

- Wear your favorite pro/college sports jersey!

JCC PTO Celebrates:

GRANDPARENT'S DAY

by having lunch with your grandchild

When: **September 10th**

RSVP by calling the school secretary

Tecumseh—402-335-3320

Cook—402-864-4181

and schedule lunch with your "little" by:

September 6th

Ages: Grades K-3 in Tecumseh

Grades 4-5 in Cook

We can pay for your lunch or you can pay

Limited to 1-2 grandparents per child

MIDDLE SCHOOL & ATHLETIC NEWS

BY RICH BACON

The 2019-2020 school year officially began with the Middle School walk-through and the Preschool and 4th and 5th grade Open House on Wednesday, August 14th. As in the past, this event was very well attended by students and their parents. The start of a new school year is always refreshing as it provides everyone involved with a fresh start and a new beginning. Hopefully, that excitement will motivate our students to reach their goals and accomplish great things during the 2019-2020 school year.

This year we welcome three new faces to the Middle School teaching staff. Mr. Neil Bowman is teaching 4-8 physical education, Mr. Matt Dierking is now teaching 4-8 Special Education and Mrs. Jen Straka is teaching 7-8 language arts.

Middle School students and staff are all excited as we enter the 4th year of the 1:1 iPad initiative. We believe the iPad can be a tremendous resource which can be used to enhance learning for all of our students. However, with the iPads comes a great deal of responsibility for the students and their parents. Students and parents need to read and understand all JCC iPad policies and procedures and use the device in a responsible and ethical manner. Parents are encouraged to keep informed of how the iPad is being used in the classroom. Students need to bring their iPad to school every day with a full charge. And, as with all technology, parents should supervise their child's use of the iPad at home. As always, if you have any questions or concerns throughout the year, please don't hesitate to contact your child's teacher or myself.

Junior High football, volleyball and cross country practices are underway with their first contests rapidly approaching. At the start of any season we should take time to think about the purpose of athletics in a Middle School setting. While everyone wants to win and winning is our goal, it cannot be the purpose of our sports program at this level. Middle School activities need to encourage participation and the development of fundamentals that will help them succeed at the high school level. Instead of emphasizing winning and losing, we need focus on hard work and effort. If students can learn to work hard and give maximum effort at a young age they are learning two skills that will help them succeed for the rest of their lives. Please support our young athletes this year by attending games and cheering their efforts. **GO THUNDERBIRDS!!**



ImPACT Concussion Testing Program

Johnson County Central is, once again, utilizing the ImPACT Concussion Testing Program for all athletes grades 7-12 to help improve the school's and coaches' care for athletes with sports-related concussions. This program is being provided by Nebraska Orthopaedic & Sports Medicine, and Saint Elizabeth Regional Medical Center of Lincoln, through the Nebraska Sports Concussion Network. The ImPACT Test is an online computerized test that is specifically designed for managing sports-related concussions. The test measures brain reaction time, processing speed, memory, attention, and allows medical professionals to obtain a "snap-shot" of how one's brain functions in normal conditions. Athletes are baseline tested in the pre-season, and if an athlete sustains a head injury, they are re-tested. Post-injury scores are then compared to pre-injury, baseline scores. If differences exist between the baseline and post-injury tests, athletes will be restricted from activity until further test results return to normal. As post-injury scores return to baseline, or normal, this indicates an athlete is recovered sufficiently to resume a step-wise progression back into activity and full participation. This form of testing and return-to-play helps avoid prolonging the recovery from a concussion, and prevents athletes returning to play too soon before the brain has had time to fully heal, risking serious or catastrophic injury.

This year Thunderbird athletes in 7th, 9th and 11th grades and any new athletes participating in contact sports (football, volleyball, wrestling, boys & girls basketball, and track-jumpers) will be tested. The cost of the baseline testing is being funded and implemented by the Nebraska Sports Concussion Network. Post-Injury testing, if necessary, will be conducted by a health care professional trained in ImPACT and usual office visit charges will likely apply. School personnel have been trained to conduct baseline tests at school, and all coaches will have taken an online Concussion Training for Coaches course in an effort to improve the recognition of potential head injuries. Additional information in recognizing head injuries is available for parents and athletes at www.NebSportsConcussion.org. Johnson County Central would like to thank Nebraska Orthopaedic & Sports Medicine, Saint Elizabeth Regional Medical Center, Johnson County Hospital, Tecumseh Family Health and our area doctors for making the ImPACT Testing Program available to our athletic programs, and helping us ensure we are doing our absolute best in caring for your sons and daughters.

**1st Annual
Miles For Music 5K
Saturday,
October 19th, 2019 @ 9:00am
Tecumseh, NE**

Come Run-Walk-Skip or whatever your heart desires to raise money for the band department. Registration table opens at 8:15am. Walk ups are welcome, but \$1 will be added to each walk up participant.

\$15/Adult~~\$5/Student (Grades 4-12) ~~Students grades 3 and under FREE!

Please return form/money to
Johnson County Central
Attn: Emily Fricke
358 N 6th St
Tecumseh, NE 68450

*Or...Scan the code (use
your camera) and fill out online!



First Name: _____ Last Name: _____

Phone Number: _____

How many adults are in your party?(\$15/adult) _____

How many students (Grades 4-12)? _____

Are you planning to walk or run the 5K? Walk Run

ACTIVITY PASSES

All students, grades 7-12 who are involved in extra-curricular activities need to purchase a student activity fee. Fee waivers may apply. Upon payment of the activity fee, students will receive an activity pass which will allow entry to all home activities sponsored specifically by the school. Excluded from the activity fee are – conference. and NSAA activities; activities run by a specific group/ activity (prom, booster club tournament, etc.).

Cost for the activity fee is - \$25 for High School students, \$25 for 7th & 8th students. K-6 students may also purchase an activity pass for \$15. No family would be required to pay for more than the two oldest students. These may be purchased through the middle school and high school office.

Adult Season Passes are available for \$50 each, and Seniors 60 years of age or older may receive a free lifetime pass.



Johnson County Central Behavior Expectations
"It's the Thunderbird Way!"

The Thunderbird Way: Will create a successful learning environment!

Area	Be Safe	Be Respectful	Be Responsible
Classrooms	<ul style="list-style-type: none"> Keep hands, feet and objects to self 	<ul style="list-style-type: none"> Follow adult directions 	<ul style="list-style-type: none"> Follow school rules Bring all necessary items to class every day
PE/ Free Time	<ul style="list-style-type: none"> Use equipment appropriately 	<ul style="list-style-type: none"> Play fairly with everyone 	<ul style="list-style-type: none"> Follow playground rules
Hallways	<ul style="list-style-type: none"> Walk on the right 	<ul style="list-style-type: none"> Keep hands to yourself 	<ul style="list-style-type: none"> Quiet voices
Restrooms	<ul style="list-style-type: none"> Wash hands & put paper towel in the trash container 	<ul style="list-style-type: none"> Give people privacy 	<ul style="list-style-type: none"> Flush toilet & return to class
Lunchroom	<ul style="list-style-type: none"> Keep hands, feet and objects to self 	<ul style="list-style-type: none"> Use good manners 	<ul style="list-style-type: none"> Clean up

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NOTES FROM THE HIGH SCHOOL COUNSELOR Mrs. Olivia Reuter

2019/2020 ACT Test Dates

The remaining ACT testing dates and registration deadlines for the 2017-2018 school year are listed below. The registration deadline for the September test has already passed, so the next test to register for is the one in October.

<u>ACT Test Date</u>	<u>Registration Deadline</u>
Saturday, October 26, 2019	Friday, September 20, 2019
Saturday, December 14, 2019	Friday, November 8, 2019
Saturday, February 8, 2020	Friday, January 10, 2020
Saturday, April 4, 2020	Friday, February 28, 2020
Saturday, June 13, 2020	Friday, May 8, 2020
Saturday, July 18, 2020	Friday, June 19, 2020

Students must electronically submit a photo with the application and the admission ticket will have the student's picture printed on it. When students go to take the test, they must have a state or school issued picture ID (driver's license, school ID card, etc. and their ACT admission ticket. They will not be allowed to test without those two items.

All students must also indicate the school they attend when registering. Johnson County Central High School's **school code number** is **282-319**. Students choose their testing location as a part of the registration process. Many JCC students test in Auburn, but there are other test center options in locations such as locations in Beatrice, Palmyra, Lincoln, etc.

Students may register online at www.actstudent.org. Online registration is possible 24/7 on any computer connected to the internet. A MasterCard or VISA credit or debit card must be used to pay fees online. (Fee Waivers are available for juniors and seniors who qualify-see Mrs. Reuter for waiver eligibility).

Apply to College Morning for Seniors- September 20th

On Friday, September 20th, JCC will host an Apply to College morning for seniors. All seniors will have the opportunity to come to the computer lab and apply to the colleges and universities that they are interested in applying too. Many colleges and universities will have representatives here to help students apply. All seniors who participate and apply to at least one college that morning will receive a college/university t-shirt.

Education Quest Education Planning Program- October 2nd

All juniors and any interested seniors will travel to SCC-Beatrice on the morning of October 2nd to participate in Education Quest's annual education planning program. Many colleges and universities from Nebraska and surrounding states will have booths set up and representatives available to talk to students. Students will learn about many different colleges and universities all in one place.

Education Quest Financial Aid Information Session for Seniors and Parents

Les Monroe from Education Quest will be here in the JCC computer lab to present on financial aid for college to all seniors and any senior parents who wish to attend from 1:30- 2:30 PM on October 2nd. He will also stay to help any seniors and parents with the FAFSA application from 2:30- 4:30 PM. This is an opportunity you don't want to miss!!!

Applications Open: Horatio Alger Scholarships/ Aksarben Scholarships

Seniors who are US citizens, who have a cumulative GPA of at least a 2.0, who are involved in extra-curricular and community service activities, who display integrity and perseverance in overcoming adversity, and who demonstrate critical financial need (\$55,000 or lower adjusted gross family income) are encouraged to apply for Horatio Alger scholarships including Nebraska Aksarben scholarships. The application deadline is October 25th, however seniors should start applying now as the application is quite long and requires supporting materials. To learn more and apply, visit <https://scholars.horatioalger.org/horatio-alger-scholarship-applications/>

MARK YOUR CALENDAR TO ATTEND A COLLEGE FAIR THIS FALL!

College reps from across the state, region, and nation will be available to answer your questions and provide materials about their schools. All students and parents are welcome to attend. Admission is FREE!

Lincoln Area College Fair

Sunday, September 22, 2019

1:00-3:00 p.m.

Southeast Community College – Lincoln

Omaha Area College Fair

Sunday, September 29, 2019

1:00-4:00 p.m.

University of Nebraska at Omaha – Sapp Fieldhouse

Start Applying to College Now

Seniors should start applying to colleges and universities now. Students should apply to at least their top two or three colleges and universities. Most all colleges and universities have options for students to apply online and many also have application fee waivers for students who qualify for the free and reduced lunch programs at their schools. If students have questions or need help applying to college, they can come see me anytime at school and I'd be glad to help them.

JOHNSON COUNTY CENTRAL THUNDERBIRDS

Dear Prospective Sponsor,

The Johnson County Central Thunderbirds Booster Club is currently looking for sponsors for the 2019-2020 Girls and Boys Sports Season. Sponsors will be able have their names listed in all home game sports programs.

The money raised will help the JCC Booster Club buy uniforms and equipment for the athletic department.

Sponsor Levels for Individuals

- Gold \$100
- Red \$ 50
- Black \$ 25

Please Print:

Name(s) to be listed _____

Address & Phone # _____

Sponsorship Level Amount \$ _____

Sponsors & Advertisers will receive a free bag of popcorn at home games.

*Mail Checks and Return this form to:
JCC Booster Club
P.O. Box 338
Tecumseh, NE 68450*

THANK YOU FOR YOUR SUPPORT!



JOHNSON COUNTY BACKPACK PROGRAM

The Johnson County Backpack Program has high hopes for a successful school year, 2019-2020, with your help!

Thank you to all Churches, businesses, organizations, and individuals of the Johnson County area and beyond, for the generous contributions given in the name of the Backpack Program.

This school year the Johnson County Backpack Program will prepare 72 backpacks including 10 for Sterling Public School families, 10 for St. Andrews School families in Tecumseh and 52 for Johnson County Central School families. They will be picked up by students each Friday during the school year. When school isn't in session on Fridays, they will be distributed on Thursday. Letters are being sent out now throughout the Johnson County area, hoping you will support this most important project.

Six different supplemental meal menus, which are rotated on a weekly basis, are set up by the Lincoln Food Bank. A sample menu might include: macaroni and cheese, canned vegetable, canned fruit, canned soup and cereal.

According to the most recent data available from *Feeding America*, in Johnson County the **overall food insecurity rate is 11.4%** (*Food insecure: lacking reliable access to a sufficient quantity of affordable, nutritious food.*) **Children make up 16.8% of all people who are food insecure in Johnson County.** These figures show a slight improvement over last year. Hungry children don't perform as well at school when they are hungry. Proper nutrition insures that their brains, bones, teeth, and muscles develop properly. Hungry children might not be focused or happy. Regardless of why these children don't have enough to eat, it isn't their fault or something they should worry about.

A backpack for the whole school year for one family will cost \$250. The good news is that the cost didn't increase over last year! Please consider helping the students with this important part of their educational program. Let's fight childhood hunger together! Please consider a tax-free donation to the Johnson County Backpack Program. Any amount is helpful!

Jon Rother, Elementary Principal, JCC
Nicole Wilken, SENCA (Southeast Nebraska Community Action)
Sally Hutt, Backpack Committee Chairperson

Please make your check, **this year**, to:
Johnson County Backpack Program. You may write **Child Hunger** on the memo line.

Please send all checks to:
Sally Hutt
P.O. Box 274
Tecumseh NE 68450

Helping Children Learn[®]

Tips Families Can Use to Help Children Do Better in School



September 2019

Johnson County Central Public Schools
Title I

Build brainpower by helping your child learn from mistakes

Whether your child is a brand new kindergartner or in an upper grade, he'll be starting the new school year with a clean slate. But like all kids, he will sometimes make mistakes on tests or assignments. That's no reason for either of you to be discouraged!



Research shows that when parents and teachers actively encourage students to fix errors and learn from them, the children do better in school. One reason may be that correcting mistakes shows kids that their intelligence isn't fixed—they can improve and get smarter.

When you review your child's work, focus first on what he did right. Then, to help him learn from his mistakes:

- **Talk about them.** Does your child understand why his answers were wrong? If so, have him correct them. If he's not sure, offer suggestions or encourage him to ask his teacher for help.
- **Recognize progress.** Did your child make fewer mistakes on this test than the last one? Remind him that he's improving. Point out how paying attention to past mistakes—and learning from them—made a difference.

Source: H.S. Schroder and others, "Neural evidence for enhanced attention to mistakes among school-aged children with a growth mindset," *Developmental Cognitive Neuroscience*, Elsevier B.V.



Attendance makes a difference from the first day of school to the last

Did you know that attendance in elementary school is so important that students who frequently miss school have lower levels of achievement throughout their school careers?

This is true even in the early grades. And by sixth grade, children who miss more than two days of school each month are more likely to drop out of high school than other students are.

When children miss school, they miss learning. And it doesn't take long to fall behind. Poor attendance has a negative effect on reading and

math skills, as well as on school success traits such as persistence.

September sets the tone for the rest of the year. Start now to develop habits that will help your child arrive at school on time, every day. When you make attendance a priority, your child will, too.

Source: L. Bauer, "School attendance: A building block of student achievement," *Brookings*, niswc.com/keyblock.

You are part of the team!

Two-way communication between teachers and families supports students. To keep it flowing, review the materials your child brings home. Reach out to the teacher to:

- **Share information** about your child.
- **Ask questions** and express concerns.
- **Schedule a conference** to discuss your child's learning.

Put a premium on kindness

Pressuring children to get top marks often has the opposite effect. But according to one study, showing your child you value kindness and consideration as much as or more than grades can help her perform better in class. To get the message across:

- **Demonstrate.** Let your child see you being kind and respectful to others.
- **Praise** positive behavior in your child and others.
- **Encourage** healthy relationships with teachers and classmates.



Source: L. Ciciolla and others, "When Mothers and Fathers Are Seen as Disproportionately Valuing Achievements," *Journal of Youth and Adolescence*, Springer US.

Support homework efforts

To encourage your child to be conscientious about homework, create the conditions for success. Make sure he has:

- **A designated study area.** It should be well-lit and free of distractions like TV during homework time.
- **A set study time.** Experiment to see when your child is most alert, then stick with that time.
- **A supply kit.** Having pencils, erasers, rulers and other tools handy eliminates time-wasting searches.



Helping Children Learn[®]

Tips Families Can Use to Help Children Do Better in School



ELEMENTARY SCHOOL

September 2019



My fifth grader is lonely at school. What should I do?

Q: My daughter's three best friends are in another class. She says she has no friends in her class, and she doesn't like school anymore. Should I ask to have her moved to the other class?

A: Not all the lessons students learn in school are academic. One lesson your daughter will learn this year is that she won't always get to choose the people she works with. She can always stay friends with the children in the other class. But now she has an opportunity to make some new friends, too.



To help your daughter adjust:

- **Talk about your own life.** Have you ever had to work with people you didn't know? Share the story with your child. Remind her that making new friends is a skill she'll use in middle school and for the rest of her life.
- **Practice conversation starters** together that can help her find kids who share her interests. "I like your drawing. Do you like to draw? I love it."
- **Foster new friendships.** Help your child arrange to get together outside of school with classmates she likes.
- **Let the teacher know** about your child's situation. Ask for suggestions for ways to help your daughter connect with classmates.

Parent Quiz

Are you encouraging healthy habits?

Proper rest, nutrition, exercise and hygiene all make it easier for students to concentrate and learn in and out of school. Are you helping your child establish healthy habits? Answer *yes* or *no* to the questions below:

1. **Do you stick to** a bedtime that gives your child at least nine hours of sleep at night?
2. **Do you make sure** your child eats a nutritious breakfast before school?
3. **Do you give** your child healthy snacks, such as sliced raw vegetables, when he is hungry?
4. **Do you encourage** your child to get daily exercise? Getting the whole family involved makes this more fun.

5. **Do you teach** your child to wash his hands frequently and sneeze into his elbow?

How well are you doing?

More *yes* answers mean you are promoting habits that support learning. For each *no*, try that idea.

"If you are going to achieve excellence in big things, you develop the habit in little matters."

—Colin Powell

Get ready for a great year

The school year is busy. Setting up some structure now will help ensure it is also happy and productive for your child and your family. Here are some things to do:

- **Make a plan** for after-school activities. Include plenty of time for reading, family and relaxation.
- **Create routines** to help your child get tasks done on time.
- **Start a family calendar** to keep track of everyone's commitments.
- **Arrange for backup.** Agree to trade favors with another parent who will cover for you if you are delayed or sick.

Give out a few assignments

When it comes to teaching responsibility, practice works better than lectures. To begin the lesson with your child:

- **Choose a few tasks** he is ready to handle on his own, such as getting up on time, packing lunch and feeding a pet.
- **Make a checklist** for him to follow.
- **Agree on small rewards** for a job well done and consequences for skipping responsibilities.



Don't protect your child from learning

Getting involved with your child's education can enhance her learning. But it's crucial to remember that she has to do the learning for herself. Avoid these common pitfalls:

- **Don't do everything** for your child. Let her grow by trying new things.
- **Don't rush to school** with something she forgot. Let her face the consequences.
- **Don't try to negotiate** a better grade for your child.

Helping Children Learn[®]

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Daily Learning Planner

*Ideas parents can use to help children
do well in school*

Johnson County Central Public Schools
Title I



THE
PARENT
INSTITUTE™

September • October • November 2019

September 2019

Daily Learning Planner: Ideas Parents Can Use to Help Children Do Well in School—Try a New Idea Every Day!

- 1. Make an appointment to spend some one-on-one time with your child this month. Write it on your calendar.
- 2. Set aside time every day for reading aloud. Sometimes, have your child read to you.
- 3. Ask your child, "What one thing makes you feel really excited?"
- 4. Write a note saying something nice about your child. Tuck it where he will find it later.
- 5. Draw a picture with your child today. Hang it on the refrigerator.
- 6. Write upcoming school events on your family calendar. Plan to attend as many as you can.
- 7. Cut out four pictures from a magazine. Ask your child to tell you a story that involves something from each picture.
- 8. On Sunday nights, talk with your child about the week ahead.
- 9. Ask your child, "If you could go anywhere, where would you go?"
- 10. Make a special effort to reinforce manners today. Remind family members to say *please* and *thank you*.
- 11. Watch a funny video with your child. Then have her draw a comic strip showing what it was about.
- 12. Have a 20-minute family DEAR time (Drop Everything And Read).
- 13. Name different types of punctuation with your child. Then have him find examples in a book or newspaper.
- 14. Keep a notebook handy when watching TV. Have your child jot down new words she hears and look them up later.
- 15. Be sure you and your child know school rules. Talk about one today.
- 16. Ask your child, "What are your three favorite songs?"
- 17. Choose a place by the front door for items that go to school. Help your child get into the habit of putting things there each day.
- 18. Talk about *honesty* and why it is so important at home and at school.
- 19. Invent a word with your child. Write a silly definition.
- 20. Tonight at dinner, put a "price" on each item you serve. Have your child figure out the total cost of the meal.
- 21. Go outside. Show your child which way is *north*, *south*, *east* and *west*.
- 22. Pick a word from the dictionary and draw a picture of it. See if your child can guess the word. Then switch roles.
- 23. "Adopt" a neighborhood tree. With your child, watch it throughout the year. Talk about how it looks, feels and even smells.
- 24. Together, write a poem about your family. Start each line with a letter from the word FAMILY.
- 25. Make a jigsaw puzzle with your child. Glue a picture from a magazine onto cardboard. Cut it into puzzle pieces.
- 26. Have your child put a leafy stalk of celery into colored water. Watch the color rise into the stalk over the next week.
- 27. Play "guess that number" together: How many grapes in a bunch?
- 28. Today, have your child keep track of everything he eats. Together, think of ways to make his diet more nutritious.
- 29. Tell your child three things that you love about her.
- 30. Review spelling words with your child tonight.

Helping Children Learn
Tips Families Can Use to Help Children Do Better in School

ELEMENTARY SCHOOL

October 2019

- 1. Plan a family talent show. Have everyone practice their acts this week.
- 2. When your child comes home, have him draw something that happened in school. Then talk about it.
- 3. Role-play a sticky situation with your child. What would she do if her friends were teasing someone at school?
- 4. Tell your child about a choice you made. Talk about the consequences.
- 5. Do a crossword or other word puzzle with your child.
- 6. Help your child start a collection. Provide a place to keep it—a box, a shelf, a drawer.
- 7. Consider giving your child an allowance. Discuss how it should be used, such as for saving, buying things and giving to charity.
- 8. Read three poems with your child today.
- 9. Review math facts at the dinner table tonight.
- 10. Take a walk. Can you and your child identify the trees you pass?
- 11. Ask your child to predict how long tasks and activities will take today, then time them.
- 12. Help your child round up some friends and play a game outside.
- 13. Look through the newspaper with your child. Which headlines interest him? Read an article together and discuss it.
- 14. A nutritious breakfast helps kids learn. Make sure your child starts the day with a healthy breakfast at home or at school.
- 15. When your child brings home schoolwork, focus on what is right before noting what is wrong.
- 16. Pretend your child is mayor for a day. Ask her how she would make your community a better place.

Daily Learning Planner: Ideas Parents Can Use to Help Children Do Well in School—Try a New Idea Every Day!

- 17. Together, make up a song featuring your child's name.
- 18. Have your child dissolve a teaspoon of salt in a few teaspoons of water in a shallow dish. What happens when the liquid evaporates?
- 19. At dinner, ask each family member to share the week's experiences.
- 20. When you're in the store, ask your child to figure how much tax you will be charged.
- 21. Have your child glue craft sticks together to make a frame and use buttons and markers to decorate it.
- 22. Ask your child to measure and record the dimensions of a variety of objects in your home.
- 23. Brainstorm together to come up with words with both a prefix and a suffix (such as *replacement*).
- 24. With your child, learn how to count to 10 in at least three languages.
- 25. Put on music and spend 15 minutes drawing or writing with your child. Let the music be your inspiration.
- 26. Let your child pick the book you will read together today.
- 27. Challenge your child to build an animal out of five pipe cleaners.
- 28. Ask your child *how* and *why* questions to give him practice reasoning.
- 29. Get some exercise with your child. Pick an activity you both enjoy.
- 30. Talk with your child about ways to handle stress, such as by taking deep breaths or talking about problems.
- 31. Make up a story with your child.

Helping Children Learn
Tip: Families Can Use to Help Children Do Better in School

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November 2019

- 1. Let your child see you reading for pleasure.
- 2. Have a jump rope contest today. See how many jumps your child can do in a row.
- 3. Set aside some time today to work on a hobby with your child.
- 4. Read a textbook assignment with your child. Then ask her to tell you about it in her own words.
- 5. Is your child behaving well? Be sure to say how proud this makes you.
- 6. Make your child laugh! Tell a joke, read a funny story or poem, sing a silly song or draw a cartoon.
- 7. Give your child a calendar. Teach him to write down assignments, tests dates and school activities.
- 8. Play a game of charades with your child. Use hand gestures and motions to convey words and phrases.
- 9. Help your child figure out the average time she spends reading per day.
- 10. Take a fraction walk with your child and write down what you see: 3/7 of the cars on your block are blue, 4/5 of the houses have a gray roof.
- 11. Start a kitchen band. Use spoons, pans and lids for instruments. March around the house together.
- 12. Talk with your child about important events in the news.
- 13. Make up new compound words for familiar things. Perhaps your cat is a *purrcuddler*.
- 14. When your child is unsuccessful at something, ask, "How could you do it differently next time?"
- 15. Listen to music without lyrics. What does it make your child think of?
- 16. Let your child plan dinner. How many food groups can he include?

Daily Learning Planner: Ideas Parents Can Use to Help Children Do Well in School—Try a New Idea Every Day!

- 17. Help your child make a list of things, such as colors. Then have her put them in alphabetical order.
- 18. Have your child teach you something he needs to learn for homework. It's a great way to reinforce learning.
- 19. Play tic-tac-toe with your child.
- 20. Look over your child's homework. Give specific compliments and helpful criticism.
- 21. Encourage your child to write a thank-you note to someone who has helped her.
- 22. Talk to your child about peer pressure. Role-play ways to say *no* to things he knows are wrong.
- 23. Visit the library with your child. Check out a book about oceans.
- 24. Ask your child to write a story from the point of view of a pet.
- 25. Look for ways to volunteer as a family. Ask your child to help decide what to do.
- 26. Challenge your child to determine the direction of the wind by using a wet finger or by watching things blow.
- 27. Ask your child to tell you a bedtime story tonight.
- 28. At dinner, have everyone compliment each person at the table.
- 29. Display your child's best schoolwork. Change the display often.
- 30. Help your child use the internet to research events that occurred on the day she was born.

Helping Children Learn
Tip: Families Can Use to Help Children Do Better in School

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Ayudando a los Niños a Aprender™

Consejos que las Familias Pueden Usar para Ayudar a los Niños a Salir Mejor en la Escuela



Septiembre 2019

Johnson County Central Public Schools
Title I

Aprender de los errores desarrolla la capacidad intelectual de su hijo

Ya sea que su hijo haya comenzado a asistir al jardín de infancia recientemente o que se encuentre en los grados más avanzados, estará empezando el nuevo año lectivo con una pizarra limpia. Pero, como los demás niños, a veces cometerá errores en los exámenes o en la tarea. Pero ¡no se desanime!



Los estudios revelan que cuando los padres y los maestros animan activamente a los estudiantes a corregir sus errores y aprender de ellos, los niños rinden mejor en la escuela. Una razón podría ser que corregir los errores les enseña a los niños que la inteligencia no es fija, porque ellos pueden mejorar y volverse más inteligentes.

Cuando repase el trabajo de su hijo, primero enfóquese en lo que él haya hecho bien. Luego, para ayudarlo a aprender de sus errores:

- **Hable de ellos.** ¿Comprende su hijo por qué sus respuestas fueron incorrectas? De ser así, pídale que las corrija. Si no está seguro, brinde sugerencias o ánimo a que le pida ayuda al maestro.
- **Reconozca el progreso.** Su hijo ¿cometió menos errores en este examen que en el último? Recuérdele que está mejorando. Dígale que prestar atención a sus errores anteriores, y aprender de ellos, marcó una diferencia.

Fuente: H.S. Schroder y otros, "Neural evidence for enhanced attention to mistakes among school-aged children with a growth mindset," *Developmental Cognitive Neuroscience*, Elsevier B.V.



La asistencia es importante todo el año

¿Sabía que la asistencia en la escuela primaria es tan importante que los estudiantes que faltan con frecuencia tienen un rendimiento más bajo a lo largo de sus carreras académicas?

Esto se aplica hasta en los grados más bajos. Y para cuando los niños llegan a sexto grado, aquellos que faltan más de dos días de clases por mes son más propensos a abandonar la secundaria que los demás estudiantes.

Cuando los niños faltan a la escuela, pierden aprendizaje. Y no toma mucho tiempo para que se retrasen en sus estudios. La mala asistencia tiene un efecto negativo en la lectura y las habilidades matemáticas, al igual que para

los rasgos que conducen al éxito escolar, como la perseverancia.

El mes de septiembre marca el camino para el resto del año. Comience ahora a desarrollar los hábitos que ayudarán a su hijo a llegar a la escuela puntualmente todos los días. Si la asistencia es una prioridad para usted, también lo será para su hijo.

Fuente: L. Bauer, "School attendance: A building block of student achievement," *Brookings*, niswc.com/keyblock.

¡Usted es parte del equipo!

La comunicación abierta entre los maestros y las familias apoya a los estudiantes. Para ayudar a que siga fluyendo, repase los materiales que su hijo trae a casa. Contáctese con el maestro para:

- **Compartir información** sobre su hijo.
- **Hacer preguntas** y expresar inquietudes.
- **Programar una reunión** para hablar del aprendizaje de su hijo.

Haga énfasis en la amabilidad

Presionar a los niños para que obtengan calificaciones altas suele ser contraproducente. Pero, según un estudio, mostrarle a su hijo que usted valora la amabilidad y la consideración tanto o más que las calificaciones puede ayudarlo a rendir mejor en clase. Para transmitirle esto a su hijo:

- **Demuestre.** Deje que su hijo lo vea a usted tratar a los demás con amabilidad y respeto.
- **Elogie** el comportamiento positivo de su hijo y de otras personas.
- **Fomente** las relaciones sanas con los maestros y compañeros de clase.



Fuente: L. Cicali y otros, "When Mothers and Fathers Are Seen as Disproportionately Valuing Achievements," *Journal of Youth and Adolescence*, Springer US.

Apoye la tarea de su hijo

Para animar a su hijo a que le preste atención a la tarea, cree las condiciones para el éxito. Asegúrese de que él disponga de:

- **Un lugar de estudio designado.** Debería estar bien iluminado y libre de distracciones, como la televisión, durante la hora de la tarea.
- **Una hora de estudio programada.** Determine cuándo su hijo está más atento, y luego apéguese a esa hora.
- **Una caja de materiales.** Tenga a mano lápices, goma de borrar, reglas y otros materiales a mano para evitar búsquedas que desperdician tiempo.



Ayudando a los Niños a Aprender™

Consejos que las Familias Pueden Usar para Ayudar a los Niños a Salir Mejor en la Escuela

ESCUELA PRIMARIA

Septiembre 2019

PyR ¿Qué puedo hacer si mi hijo se siente solo en la escuela?

P: Los tres mejores amigos de mi hijo están en otro salón de clase. Mi hijo dice que no tiene amigos en su clase, y que ya no le gusta ir a la escuela. ¿Debería pedir que lo cambien al otro salón de clase?

R: No todas las lecciones que los estudiantes aprenden en la escuela son académicas. Una lección que aprenderá su hijo este año es que no siempre podrá elegir a las personas con las que debe trabajar. Puede mantener las amistades que ya tiene en el otro salón de clase. Pero ahora, tiene la oportunidad conocer a otros niños también.



Para ayudar a su hijo a adaptarse:

- **Hable de su propia vida.** ¿Alguna vez ha tenido que trabajar con gente que no conocía? Cuénteles esta anécdota a su hijo. Recuérdele que hacer amistades nuevas es una habilidad que usará tanto en la escuela intermedia como en el resto de su vida.
- **Practiquen maneras de iniciar** una conversación que podría ayudarlo a encontrar otros niños que tengan sus mismos intereses. "Me gusta tu dibujo. ¿Te gusta dibujar? A mí me encanta".
- **Fomenta las amistades nuevas.** Ayude a su hijo a hacer planes para juntarse con compañeros de clase que le agraden después del horario de clase.
- **Informe al maestro** sobre la situación de su hijo. Pídale sugerencias para ayudarlo a relacionarse con los compañeros de clase.

Cuestionario Para Padres

¿Está fomentando hábitos sanos?

El descanso apropiado, la buena nutrición, el ejercicio y el aseo personal facilitan la concentración y el aprendizaje de los estudiantes dentro y fuera de la escuela. ¿Está ayudando a su hijo a adquirir hábitos sanos? Responda *sí* o *no* a las siguientes preguntas:

1. **¿Hace cumplir** un horario para acostarse que permita que su hijo duerma por lo menos nueve horas cada noche?
2. **¿Procura** que su hijo tome un desayuno nutritivo antes de ir a la escuela?
3. **¿Le da** a su hijo refrigerios saludables, como rebanadas de verduras crudas, cuando tiene hambre?
4. **¿Anima** a su hijo a que haga ejercicio todos los días? Si toda la familia participa, el ejercicio es más placentero.
5. **¿Le enseña** a su hijo a lavarse las manos con frecuencia y a

estornudar en la manga de su camisa?

¿Cómo le está yendo?

Si la mayoría de sus respuestas fueron *sí*, usted está fomentando los hábitos que apoyan el aprendizaje. Para las respuestas *no*, pruebe esa idea del cuestionario.

"Para alcanzar el éxito en las cuestiones importantes, es necesario adquirir hábitos en las cuestiones menores".
—Colin Powell

Prepárese para un año genial

El año lectivo es atareado. Establecer un poco de estructura ahora lo ayudará a garantizar que también sea un año feliz y productivo para su hijo y su familia. Aquí tiene algunas sugerencias:

- **Haga un plan** para las actividades extracurriculares. Incluya suficiente tiempo para leer, estar con la familia y relajarse.
- **Establezca rutinas** para ayudar a su hijo a terminar las tareas a tiempo.
- **Tenga un calendario** familiar para llevar un registro de los compromisos de todos.
- **Busque un respaldo.** Póngase de acuerdo con otro padre que pueda ayudarlo si usted se retrasa o se enferma.

Asigne quehaceres

Cuando se trata de enseñar responsabilidad, la práctica funciona mejor que la teoría. Para comenzar a enseñarle responsabilidad a su hijo:

- **Escoja quehaceres** que él esté listo para realizar por su propia cuenta, como levantarse a tiempo, empacar el almuerzo y alimentar a una mascota.
- **Haga una lista de control** para que él siga.
- **Pónganse de acuerdo** en algunas recompensas pequeñas por un trabajo bien hecho y en las consecuencias por no cumplir las responsabilidades.



No proteja a su hijo del aprendizaje

Participar en la educación de su hijo puede enriquecer su aprendizaje. Pero es importante que recuerde él tiene que aprender por sí mismo. Evite estos errores comunes:

- **No haga todo** por su hijo. Deje que él crezca probando cosas nuevas.
- **No corra** a la escuela para llevarle algo que su hijo olvidó en casa. Deje que él asuma las consecuencias.
- **No trate de negociar** una calificación más alta para su hijo.

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Planificador para el aprendizaje

Ideas que los padres pueden usar para ayudar a los niños a tener éxito en la escuela

Johnson County Central Public Schools
Title I



THE PARENT INSTITUTE

Septiembre • Octubre • Noviembre 2019

Septiembre 2019

Planificador para el aprendizaje: Ideas que los padres pueden usar para ayudar a los niños a tener éxito en la escuela

- 1. Haga una cita para pasar tiempo a solas con su hijo este mes. Márquelo en el calendario.
- 2. Reserve tiempo todos los días para leer en voz alta. Algunas veces, deje que su hijo le lea a usted.
- 3. Dígame a su hijo, "Dime una cosa por la que te sientes muy emocionado".
- 4. Escriba una nota diciendo algo amable sobre su hijo. Póngala en un lugar donde él la encontrará más tarde.
- 5. Haga un dibujo con su hijo hoy. Péguenlo en el refrigerador.
- 6. Escriba los acontecimientos escolares en el calendario familiar. Planifique asistir a tantos como pueda.
- 7. Recorte cuatro imágenes de una revista. Pídale a su hijo que le cuente una historia relacionada con todas las imágenes.
- 8. Los domingos a la noche, hable con su hijo de la semana que comenzará.
- 9. Pregúntele a su hijo, "Si pudieras ir a cualquier lugar, ¿adónde irías?"
- 10. Haga un esfuerzo especial para enseñar los buenos modales hoy. Recuérdele a los miembros familiares que digan *por favor* y *gracias*.
- 11. Mire un video chistoso con su hijo. Luego dígame que dibuje una tira cómica mostrando sobre qué trataba.
- 12. Hoy, dejen de hacer lo que están haciendo y lean durante 20 minutos.
- 13. Nombre diferentes signos de puntuación. Dígame a su hijo que busque ejemplos de ellos en un libro o en el periódico.
- 14. Tenga un cuaderno a mano cuando vean TV. Dígame a su hijo que escriba las palabras nuevas que escucha y las busque en el diccionario luego.
- 15. Revise las normas escolares con su hijo hoy.
- 16. Pregúntele a su hijo, "¿Cuáles son tus tres canciones favoritas?"

- 17. Escoja un lugar cerca de la puerta de entrada. Ayude a su hijo a adquirir el hábito de guardar allí todo lo que debe llevar a la escuela.
- 18. Hablen de la *honestidad* y de su importancia en casa y en la escuela.
- 19. Invente una palabra con su hijo. Escriban una definición chistosa.
- 20. Esta noche en la cena, póngale un "precio" a cada alimento que sirva. Dígame a su hijo que calcule el costo total de la comida.
- 21. Vayan afuera y muéstrela a su hijo hacia dónde es el *norte*, *sur*, *este* y *oeste*.
- 22. Escoja una palabra del diccionario y dibuje una imagen de ella. Vea si su hijo puede adivinar qué palabra es. Intercambien roles.
- 23. "Adopten" un árbol del vecindario. Obsérvelo con su hijo a lo largo del año. Hablen de cómo se ve, siente y huele.
- 24. Escriban juntos un poema sobre su familia. Comiencen cada línea con una letra de la palabra FAMILIA.
- 25. Haga un rompecabezas con su hijo. Peguen una imagen de una revista en un cartón. Luego córtelo en pedazos.
- 26. Dígame a su hijo que ponga un tallo con hojas en agua de color. Observen cómo sube el color por el tallo durante la semana.
- 27. Jueguen a hacer cálculos aproximados: ¿cuántas uvas hay en un racimo?
- 28. Hoy, dígame a su hijo que lleve un registro de todo lo que come. Piensen juntos en maneras de hacer que su dieta sea más nutritiva.
- 29. Dígame a su hijo tres cosas que a usted le agradan de él.
- 30. Revise las palabras de deletreo esta noche con su hijo.

Ayudando a los Niños a Aprender

Consiste que los Padres Puedan Usar para Ayudar a los Niños a Ser Mejor en la Escuela

ESCUELA PRIMARIA

Octubre 2019

Planificador para el aprendizaje: Ideas que los padres pueden usar para ayudar a los niños a tener éxito en la escuela

- 1. Organice un concurso de talentos familiar. Dígale a todos que practiquen su talento esta semana.
- 2. Cuando su hijo regrese a casa, dígale que dibuje algo que haya sucedido en la escuela. Luego hablen sobre eso.
- 3. Haga un juego de roles con su hijo sobre una situación difícil. ¿Qué haría si sus amigos se burlan de alguien en la escuela?
- 4. Cuénteles a su hijo una decisión que usted ha tomado y sus consecuencias.
- 5. Haga un crucigrama u otro juego de palabras con su hijo.
- 6. Ayude a su hijo a comenzar una colección. Dele un lugar para guardarla, como una caja, un estante o un cajón.
- 7. Considere darle una mesada a su hijo. Hablen de para qué debería usarla, como para ahorrar, comprar cosas y hacer donaciones.
- 8. Lea tres poemas con su hijo hoy.
- 9. Esta noche, revisen datos matemáticos durante la cena.
- 10. Den una caminata. ¿Puede su hijo identificar los árboles que ven?
- 11. Dígale a su hijo que prediga cuánto le tomará hacer ciertas tareas y actividades hoy, y luego cuenten el tiempo que le toman realmente.
- 12. Ayude a su hijo a reunir algunos amigos y jugar al aire libre.
- 13. Mire el periódico con su hijo. Lean juntos un artículo y coméntenlo.
- 14. El desayuno ayuda a los niños a aprender. Asegúrese de que su hijo comience el día con un desayuno nutritivo en casa o en la escuela.
- 15. Cuando su hijo traiga un trabajo escolar a casa, concéntrese en lo que hizo bien antes de comentar lo que hizo mal.
- 16. Dígale a su hijo que imagine que es alcalde por un día. Pregúntele cómo haría que la comunidad sea un lugar mejor.

- 17. Inventen juntos una canción con el nombre de su hijo.
- 18. Dígale a su hijo que disuelva una cucharita de sal en unas cucharas de agua en un plato llano. ¿Qué sucede cuando se evapora el líquido?
- 19. Durante la cena, hablen sobre las experiencias de la semana de cada uno.
- 20. Cuando vayan a una tienda, dígale a su hijo que calcule cuánto es el total de impuestos que les cobrarán por la compra.
- 21. Dígale a su hijo que pegue palitos entre sí para hacer un marco de fotos y que use botones y rotuladores para decorarlo.
- 22. Dígale a su hijo que mida y anote las dimensiones de diversos objetos de su casa.
- 23. Piensen juntos en palabras que tengan tanto un prefijo como un sufijo (tal como *desordenado*).
- 24. Aprenda con su hijo a contar hasta 10 en tres idiomas diferentes.
- 25. Ponga música y dibujen o escriban durante 15 minutos con su hijo. Dejen que la música los inspire.
- 26. Deje que su hijo escoja qué libro leerán juntos hoy.
- 27. Rete a su hijo a construir un animal con cinco limpiapiipas.
- 28. Pregúntele a su hijo *cómo* y *por qué* para ayudarlo a razonar.
- 29. Haga ejercicio con su hijo. Escojan una actividad que ambos disfruten.
- 30. Hable con su hijo sobre maneras de aliviar el estrés, como respirar profundamente o hablar sobre los problemas.
- 31. Invente una historia con su hijo.

Ayudando a los Niños a Aprender
ESCOLA PRIMARIA
Concepts que las Familias Pueden Usar para Ayudar a los Niños a Salir Mejor en la Escuela

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Noviembre 2019

Planificador para el aprendizaje: Ideas que los padres pueden usar para ayudar a los niños a tener éxito en la escuela

- 1. Deje que su hijo lo vea leyendo por placer.
- 2. Organice un concurso para saltar la cuerda. Vean cuántas veces seguidas puede saltar su hijo.
- 3. Reserve tiempo para trabajar en un pasatiempo con su hijo hoy.
- 4. Lea una tarea del libro de texto con su hijo. Luego pídale que se la explique usando sus propias palabras.
- 5. ¿Su hijo se está portando bien? Dígale que está muy orgulloso de él.
- 6. ¡Haga reír a su hijo! Cuénteles un chiste, lean una historia o poema divertido, canten una canción chistosa o ilustre un dibujo animado.
- 7. Dele un calendario a su hijo. Enséñele a escribir las tareas, las fechas de los exámenes y las actividades escolares en él.
- 8. Juegue a las charadas con su hijo. Usen gestos con las manos y movimientos para transmitir palabras y frases.
- 9. Ayude a su hijo a calcular el tiempo promedio que pasa leyendo por día.
- 10. De una caminata con su hijo y escriban lo que ven en fracciones: 3/7 de los carros de la cuadra son azules, 4/5 de las casas tienen techo gris.
- 11. Hagan una banda con utensilios de la cocina. Usen cucharas, sartenes y tapas como instrumentos. Marchen juntos por la casa.
- 12. Hable con su hijo sobre las noticias importantes.
- 13. Inventen palabras compuestas nuevas. Por ejemplo, tal vez su gato le gusta mucho que lo *mimicariéien* (mimen y acaricien).
- 14. Cuando su hijo falle en algo, pregúntele. "¿Cómo podrías hacerlo diferente la próxima vez?"
- 15. Escuchen música sin letra. ¿A qué le hace pensar a su hijo?
- 16. Deje que su hijo planifique la cena. ¿Cuántos grupos alimenticios puede incluir?

- 17. Ayude a su hijo a hacer una lista, por ejemplo de colores. Luego dígale que los ordene alfabéticamente.
- 18. Dígale a su hijo que le enseñe algo que debe aprender de tarea. Explicar es una estupenda manera de reforzar el aprendizaje.
- 19. Juegue al tres en raya con su hijo.
- 20. Revise la tarea de su hijo. Hágale elogios específicos y críticas constructivas.
- 21. Anime a su hijo a escribirle una nota de agradecimiento a alguien que lo haya ayudado.
- 22. Hable con su hijo sobre la presión de los compañeros. Hagan un juego de roles para practicar maneras de decir *no* a lo que sabe que está mal.
- 23. Vaya a la biblioteca con su hijo. Saque un libro sobre los océanos.
- 24. Dígale a su hijo que escriba una historia desde el punto de vista de una mascota.
- 25. Busque maneras de trabajar como voluntarios en familia. Pídale a su hijo que lo ayude a decidir qué hacer.
- 26. Rete a su hijo a determinar en qué dirección sopla el viento. Puede usar un dedo mojado o mirar hacia dónde se vuelan las cosas.
- 27. Dígale a su hijo que él le cuente a usted un cuento a la hora de acostarse.
- 28. En la cena, dígales a todos que elogien a todas las personas de la mesa.
- 29. Exhiba el mejor trabajo escolar de su hijo. Rote el trabajo con frecuencia.
- 30. Ayude a su hijo a investigar en línea los acontecimientos que tomaron lugar el día en que él nació.

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September 2019

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2 <i>No School Labor Day</i>	3 <i>G Golf Triangular</i> @ Tecumseh CC-1:30 pm <i>JV/V VB vs Mead</i> @ Mead 6/7 pm 5th Grade Dietze Band Information Night @ JCC Cook Site-6:30 pm	4	5 <i>V VB Triangular</i> @ HTRS 5 pm	6 <i>V CC Invite</i> @ Tecumseh CC-9 am FFA Edge Conf. @ SCC Beatrice -9am <i>G Golf Invite</i> @ Hidden Acres-Lincoln-9am <i>V FB vs Louisville</i> @ Louisville-7 pm	7
8	9 <i>PTO Meeting</i> @ JCC Tecumseh Elem Rm 103 - 5:30 pm <i>JV FB vs Auburn</i> @ JCC Tecumseh-6 pm	10 <i>PTO Grandparents Day-Lunch</i> @ Elementary School - Both Sites <i>JH FB vs Freeman</i> @ JCC Tecumseh-4:30 pm <i>V VB Tri</i> @ Wilber-Clatonia-5 pm	11 <i>FFA</i> @ Husker Harvest Days-Grand Island <i>Patriot Day Strongman/Woman Competition</i> @ JCC HS Track-1:00 pm	12 <i>V CC Invite</i> @ Camp Calvin Crest-4 pm <i>JV/V VB vs Palmyra</i> @ Palmyra-5/6 pm	13 <i>7 & 8 Grade Band March in Richardson County Parade</i> @ Humboldt-11 am <i>V FB vs Shelby-Rising City</i> @ JCC Tecumseh-7 pm	14 <i>JV VB Tourney</i> @ Syracuse HS-8:30 am
15	16 <i>V VB Mudecas Tourney</i> @ SCC Beatrice- TBD <i>HOSA Blood Drive</i> @ JCC High School-8:30am-2 pm	17 SCHOOL PICTURES!! <i>V VB Mudecas Tourney</i> @ SCC Beatrice- TBD <i>G Golf Invite</i> @ Stone Creek Golf Course-9 am <i>JH VB vs Palmyra</i> @ Palmyra-4 pm	18 <i>Careers in Construction</i> @ SCC Milford 8 am-2 pm JCC HOMECOMING PARADE begins @ JCC Tecumseh Site @ 2:15 pm	19 <i>V VB Mudecas Tourney</i> @ SCC Beatrice- TBD <i>G Golf/JCC Invite</i> @ Tecumseh CC-9 am <i>JH VB vs Wilber-Clatonia</i> @ JCC Cook Site- 4:30 pm <i>V CC Invite</i> vs Fillmore Central @ Hidden Hills CC-5 pm	20 <i>Seniors Apply to College Morning</i> @ HS Computer Lab 8:30-11:30 am EARLY DISMISSAL —1:00 P.M. <i>V FB vs Yutan</i> @ JCC Tecumseh 7 pm JCC HOMECOMING	21 <i>JH VB Invites</i> Louisville @ Louisville TBD <i>HS Band</i> @ Applejack Parade, Nebraska City-1 pm
22	23 <i>G Golf Invite</i> @ HTRS-9 am <i>V VB C Team Tourney</i> @ Johnson Brock-4 pm <i>JV FB vs Louisville</i> @ Louisville-6 pm	24 <i>JH/V CC Invite</i> @ Branched Oak State Park-4 pm <i>JH FB vs Auburn</i> @ Auburn-4:30 pm <i>JV/V CC Team/V VB</i> @ Elmwood Murdock-5/6/7/ pm	25 <i>FBLA Fall Leadership Conference</i> @ Ramada Conf. Ctr. Omaha-8:30 am	26 <i>G Golf Duels</i> HTRS @ Kiriman's Lakeview-4 pm <i>JH VB vs Syracuse</i> @ JCC Cook Site-4:30 pm <i>V CC Invite</i> @ Hebron CC-5 pm <i>JV/V VB vs Southern</i> @ Southern HS 6/7 pm	27 <i>HS MAP Testing</i> -9, 10 & 11 Grade-1-3:30 pm <i>V FB vs Conestoga</i> @ Conestoga-7 pm	28 <i>V VB Invite</i> @ Louisville- 8 am
29	30 <i>G Golf Invite</i> @ Auburn CC-9 am <i>JH VB vs TriCounty</i> @ JCC Cook Site-4:30 pm <i>JH FB vs Conestoga</i> @ JCC HS-4:30 pm <i>JV VB Tri</i> @ Pawnee City Secondary School-5:30 pm <i>JV FB vs Wilber-Clatonia</i> @ Wilber-Clatonia-6 pm					

Johnson County Central School
Lunch Menu

September 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6	7
	Chicken Patty/ WG Bun Potatoes Fruit & Veggie Bar Milk	Corn Dog Baked Beans Fruit & Veggie Bar Milk	Meatball Sub Fruit & Veggie Bar Cookie Milk	Pizza Corn Fruit & Veggie Bar Milk		
8	9	10	11	12	13	14
	Creamed Chicken / WG Biscuit Peas Fruit & Veggie Bar Milk	Ham & Cheese / WG Bun Sun Chips Fruit & Veggie Bar Milk	Cheese Stix / Marinara Sauce Fruit & Veggie Bar Cookie Milk	Spaghetti/ Meat Sauce Garlic Bread Fruit & Veggie Bar Milk	Sloppy Joe/WG Bun Potatoes Fruit & Veggie Bar Milk	
15	16	17	18	19	20	21
	Chicken Tenders Corn Dinner Roll Fruit & Veggie Bar Milk	Br. Pork Patty /WG Bun Fruit & Veggie Bar Baked Beans Milk	Chefs Choice	Cheeseburger/ WG Bun Potatoes Fruit & Veggie Bar Milk	Pizza Corn Fruit & Veggie Bar Milk	
22	23	24 New Item!!!	25	26	27	28
	Sloppy Nachos WG Bread Stick Fruit & Veggie Bar Milk	Taco Johns Black Bean Corn Salsa Fruit & Veggie Bar Dinner Roll Milk	Cheeseburger/ WG Bun Potatoes Fruit & Veggie Bar Milk	Popcorn Chicken Bowl Fruit & Veggie Bar B & B Milk	Cheese Sticks Marinara Sauce Fruit & Veggie Bar Cookie Milk	
29	30	Menu is Subject to change with out Notice "This Institution Is An Equal Oppertunity Provider"				
	Chicken Nuggets Green Beans Fruit & Veggie Bar WG Bread Stick Milk					

Johnson County Central Public Schools

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402 335-3328 Principal @ Tecumseh
402 864-2024 Elementary Office @ Cook
402 864-4171 Principal @ Cook
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Web Site www.jccentral.org

This newsletter is produced monthly to inform parents, district patrons and others about school events, classroom events, and student achievements in the classroom and extra curricular activities. This information is submitted by faculty and staff members. Information may be submitted to offices at Tecumseh and Cook.

The school reserves the right to edit information in the interest of space and content.

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It shall be the policy of Johnson County Central Public Schools to not discriminate on the basis of race, color, religion, national origin, sex, handicap, or age in its educational programs, activities, or employment practices. There is a grievance procedure for discrimination concerns. Inquiries concerning any of the above, or Title IX and Rehabilitation Act Regulations (504) should be directed to the Superintendent of Schools, 358 N 6th Street, Tecumseh, NE 68329; (402)335-3320.

Child find

Children that are birth to 5 years old who are experiencing problems with speech language, cognitive, emotional and/or physical development or have a disability can receive services through Early Childhood Education Services. If interested or in need of more information please contact Rebecca Kling, Special Education Coordinator or Dr. Galen Boldt, Superintendent at 402-335-3320.



School Picture Day Tuesday, September 17th

Both sites. Everyone's picture will be taken. Purchasing pictures is optional with order form/envelope given to students. Payment and order envelope need to be presented to the photographer the day of pictures—
September 17th.