



Superintendent Monthly Update

by **Jon Rother**. August 2024

And, We're Back!

(Starting the 2024-2025 School Year)

Moving into the 2024-2025 school year (JCC's 18th!), we will see a few changes in the district. Heraclitus, the Greek philosopher is credited with the quote, "The only constant in life is change." And, this from Benjamin Franklin, "When you are finished changing, you are finished." In some cases, this probably doesn't really make people feel any better as there is great trepidation when it comes to change. The fear of the unknown. To be certain, there are things that stand the test of time and don't change. However, the consistency of change has been going on throughout the history of mankind.

Here are a few changes:

- New Staff - Due to retirements, JCC has added seven (7) new staff members.
 - * Lynsey Graham - Director of Nutrition Services
 - * Tonia Mannschreck - Middle School Office Manager
 - * Emily Gist - 5th Grade Teacher
 - * Ashlee Twohig - Middle School Language Arts Teacher
 - * Eryn Snethen - 1st Grade Teacher
 - * Anna Koehler - 3rd Grade Teacher
 - * Raeanna Moss-Buesing - Nutrition Services Staff
- Four-Day School Week.
- High School outside dining available.
 - * Picnic tables have been purchased for student use outside.
- No parking between Tecumseh Site buildings.
- No cell phone use for high school students during class time (phones will be stored in a designated area in each classroom).
- New video scoreboard on the football field/track.
- All preschool services at Tecumseh Site Elementary.
- Tecumseh Site Elementary Library moved upstairs.
- Kindergarten rooms moved down the hall in the elementary.
- New wall mats in the Tecumseh Site Elementary gym.
- LED lighting in the Cook Site gyms.
- JCC is now using Remind as the district's alert system.

Handbooks

Johnson County Central handbooks have been updated. They are available online at:

<https://www.jccentral.org/vnews/display.v/SEC/Parent%20Information%7CHandbooks>

JCC Mission Statement:
Journey together...
Creating opportunities...
Committed to excellence!

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Spectators, School Activities & Sportsmanship

(What your \$5 does and doesn't get you.)

The start of school brings with it the start of fall activities; cross country, volleyball, girls golf and football. Junior high and high school competitions are a great way for our communities to come together and support our student-athletes. As spectators, we want to make sure we are not only setting a good example for our children, but that we proudly represent our families, school and communities in a respectful manner.

As parents, our hearts are wrapped-up passionately in our children. We want to see them be successful and treated well. However, during competition, there is potential for us to witness their failure, their struggles AND to see them being treated in a manner we don't like or agree with. Sometimes, their "ill" treatment is intentional, but most often it is not. When this happens we can have a tendency to express our feelings verbally and physically. Sometimes, it's simply in the form of an audible groan or a "boo". However, there are times when the moment gets the best of us and our thoughts rush out of our mouths before we have a chance to think. It is during these moments that word choice is questionable and at times straight up unacceptable.

As parents, we suffer periodically from "parent blinders" (bias toward our own child) and as spectators a condition called "bias blind spot" (fans are unaware of the bias they have when witnessing calls by officials or decisions by coaches). The two are actually very similar. Both are instances where our strong feelings don't allow us to recognize the bias for our child or team. I don't think this is an issue. It becomes problematic when our language and behavior are abusive toward others. This is wrong.

No matter your feelings about a call or decision, your \$5 admission does not allow you the right to use foul language or to belittle others. It does not afford you the right to engage directly with the youth on the field of play, the coaches or the referees. It does not give you the right to be obnoxious. The people sitting around you also paid their \$5 and should be afforded the opportunity to enjoy the experience without having to listen to constant negative comments and poor language choices.

What are the consequences of such behavior?

- A simple reminder.
- Removal from the activity.
- Suspension from attending activities, both home and away. (Yes, this is legal and enforceable.)
- **Your reputation.**
- **Our school's reputation.**

So what does my \$5 get me?

- The opportunity to unite with your community to have **fun** supporting our children, our teams and our school.

An enlightening video and an interesting article:

<https://youtu.be/fc5BfCCFzQI>

<https://www.coachmikedeehan.com/coaching-from-the-stands/>

Parent Academy:
THE EFFECTS OF DIGITAL MEDIA ON OUR YOUTH



Jay Martin

School Safety & Security Director, NDE

This parent academy will give YOU the tools and understanding of social media platforms available to your child, and to help guide your child towards safer platform participation.

Thursday, August 8th, 2024
7:00 PM

JCC High School Gym in Tecumseh
Following the Tecumseh Site Open House

****All JCC parents are encouraged to attend. Students are welcome.****

Jay Martin is the School Safety & Security, Director with the Nebraska Department of Education. He returned to his home state of Nebraska in 2020 after spending 24 years in Colorado and retiring from his law enforcement career. While in Colorado he was D.A.R.E. officer of the year in 2009, then created a nationally recognized youth prevention program currently being utilized by thousands of instructors in all 50 states and some countries. He developed partnerships with National Association of School Resource Officers (NASRO), Internet Crimes Against Children (ICAC), human trafficking task forces, movie producers, authors, doctors in psychology, and he has ghost written on digital best practices. Also, during his tenure he was a teacher in Omaha Public Schools and other districts in Nebraska & Colorado. His career has been committed to educating school communities.

Come Join Us for an **OPEN HOUSE**

The Open House for the COOK SITE AUGUST 7, 2024

4th & 5th Grade Open House - 6:00 p.m.
Go directly to your classroom

Middle School Walk-Through - 6:00 p.m.

Meet in the New Gym This will give students transitioning to the building or into middle school an opportunity to find their classrooms, meet with their teachers, find their lockers and alleviate some of the anxiety that students may feel on the first day of school. Looking forward to seeing you on the 7th.

The Open House for the **Tecumseh Site—Elementary** will be at 6:00 p.m. on August 8th. All Pre K through 3rd Grade students & Parents and any new students will be able to find their classrooms and meet their new teachers for this year.

The Open House for the **High School** students & parents is on Thursday, August 8th at 6:00 p.m. The HS students and parents will be able to visit the High School and meet teachers in their classrooms.

Please see the page regarding the Parent Academy: The Effects of Digital Media on our Youth @ JCC HS Gym @ 7:00 p.m.
PLEASE PLAN TO ATTEND!

Thursday, August 8, 2024
Tecumseh Site - between the buildings
5:30 PM-8:30 PM

Chick-fil-A will be on site during the Tecumseh Site Open House prior to the Parent Academy for digital media!



2024-2025 School Lunch Prices

The school meal program serves to provide nutritious meals for all our students.

Meals must be paid in advance.

You can pay for meals at any JCC office or by using the online payment option, <https://www.schoolpay.com/>. In order to use SchoolPay, you will be asked to first set up an account. Should you need help with this, please contact us at the school.

Breakfast - \$2.25 (reduced price \$0.30)

PK-12 Lunch - \$3.50 (reduced price \$0.40)

Student a la Carte - \$2.00

Milk - \$0.50

Juice - \$0.55

**Free/Reduced meal forms can be found at any JCC school office or on our website.*

Here is a friendly reminder about School Pay!

JCC uses a secure online payment platform called SchoolPay where parents can create accounts to pay for some of the student fees and lunch balance. The website is <https://www.schoolpay.com/login> and from there you can create an account for yourself and associate with your child/children. There is also a direct link from the JCC website: Quicklinks > SchooPay (Online Payment)

Previously the link was listed as "Online Lunch Payment."

Not only can you pay for lunches, some of the other items that can be paid for online are iPad Insurance, Instrument Rental Fee, Student Activity Fee, Adult Activity Pass, & After School Program. There is a FAQ page on the website that answers common questions about how to create an account and add your children.

The logo for SchoolPay features the word "School" in a dark grey, sans-serif font, followed by "Pay" in a teal, sans-serif font. A registered trademark symbol (®) is positioned to the upper right of the "y" in "Pay".

The Johnson County Central After School Program

Who: Students in grades PK-6

Where: JCC's Tecumseh Site

When: 4:15 PM-6:15 PM each day school is in session

JCC will once again provide an after school program. The program is for students in preschool through the 6th grades. The intent of the program is to provide quality services to students as their caregivers make the transition from work to home. Students will be provided with homework assistance, learning opportunities and engaging activities. Mrs. Amber Baehr is the After School Program Coordinator and will serve to organize activities and programming for the students.

Tuition for the program is set at the following:

- ◆ \$25 per week for 4-year-old preschool students through 6th grade students.
- ◆ \$20 per week for 3-year-old preschool students.
- ◆ Each additional sibling will be \$15 per week.

**Tuition must be paid in advance and can be paid on a monthly or weekly basis.*

Transportation to the after school program will be provided for students coming from the Cook Site. However, parents/guardians will be required to provide transportation for their child at the conclusion of the program each day.

To register your child for the after school program, simply contact the school office and submit your tuition payment.

2024 JOHNSON COUNTY CENTRAL HOMECOMING

TAILGATE PEP RALLY BONFIRE

SUNDAY 6 PM
9.8.24



We are in the planning stages of JCC's 2024 community tailgate event! The tailgate, pep rally and bonfire will kick off Homecoming Week. The Grain Bin will be on site for the purchase of food. Stay tuned for a more detailed menu. If you would like to be involved, please contact Mr. Garrett Collin at (402) 335-3328 or garrett.collin@jccentral.org.

2024-2025 Calendar & School Day

The 2024-2025 school calendar has been approved as well as the hours of operation. The following are some notes and numbers on next year's school days and calendar:

School Day

High School 8:00 AM-4:00 PM

Middle School 8:00 AM-3:55 PM

Elementary 8:00 AM-3:50 PM

*Breakfast starts at 7:15 AM.

*AM shuttles leave at approximately 7:35 AM.

*PM shuttles would return to each site at approximately 4:15 PM.

*Note that there are three (3) flex days in the event that they are needed to meet student hours due to extenuating circumstances such as excessive weather related cancellations:

- April 7
- April 28
- May 5

2024-2025 School Calendar

Month	Calendar Grid	Notes	Student Days	Teacher Days
July 2024		4 Independence Day		
August 2024		7-9 Teacher In-Service 12 First Day For Students - 1:00 PM Dismissal 16 Teacher In-Service 19 NO SCHOOL 20 First Day For Preschool 26 Teacher In-Service	17	12
September 2024		2 Labor Day - NO SCHOOL 9 Teacher In-Service - NO SCHOOL for students. 23 Teacher In-Service - NO SCHOOL for students.	16	18
October 2024		7 NO SCHOOL Parent-Teacher Conferences 11 AM - 7 PM 11 End 1st Quarter 21 Teacher In-Service - NO SCHOOL for students.	19	21
November 2024		4 Teacher In-Service - NO SCHOOL for students. 18 Teacher In-Service - NO SCHOOL for students. 27-29 NO SCHOOL - Thanksgiving Break	15	17
December 2024		2 Teacher In-Service - NO SCHOOL for students. 16 Teacher In-Service - NO SCHOOL for students. 20 End 2nd Quarter/1st Semester 23-31 NO SCHOOL - Winter Break 22-26 NSAA Winter Moratorium	12	14
January 2025		1 New Year's Day 6 Teacher In-Service - NO SCHOOL for students. 20 Martin Luther King Jr. Day 20 Teacher In-Service - NO SCHOOL for students.	16	18
February 2025		7 ESU4 Engaging Educators Conf. - NO SCHOOL for 14 Valentines Day 17 NO SCHOOL Parent-Teacher Conferences	16	18
March 2025		3 Teacher In-Service - NO SCHOOL for students. 7 End 3rd Quarter 14-17 NO SCHOOL - Spring Break 24 Teacher In-Service - NO SCHOOL for students.	16	18
April 2025		7 Teacher In-Service - NO SCHOOL for students. 18 NO SCHOOL - Easter Break 25 NO SCHOOL - District Music Competition	18	20
May 2025		10 JCC High School Graduation 14 Last Day For 3-year-old Preschool 15 NO SCHOOL - District Track & Field 22 Last Day for Students - 11 AM Dismissal End 4th Quarter/2nd Semester 23 Teacher In-Service	14	16
June 2025				
TOTALS			154	177



2024 THUNDERBIRD FALL CLASSIC 4 PERSON SCRAMBLE

SATURDAY, OCTOBER 12, 2024

9.00 AM

TECUMSEH COUNTRY CLUB
61847 Highway 136
Tecumseh, NE 68450

\$200 per team

M David Photography

CONTACT

Jeff Mahoney (402) 335-1618
Ben Swanson (402) 921-0810

NEWS FROM PRINCIPAL RICK LESTER

I hope you had an enjoyable summer and are ready for a great 2024-2025 school year. I have a couple of items to inform you on to get started for the new school year:

We are hosting an Open House (walk-thru) on Thursday, August 8, 2024 at 6:00 p.m. A lot of work has been put into cleaning our facilities and preparing the building for the upcoming school year. A lot of work has been put into our schedule and daily format for our students, come visit with our teachers and visit classrooms. I will also be available in the cafeteria from 6:00 p.m. to 7:00 p.m. with any questions on JCC's random drug testing for high school students. Come for a visit!

- All students should have received a pre-registration letter - enclosed is the schedule for the 2024-2025 school year for you to view and your student's schedule for first semester. Pre-registration is scheduled for Monday, August 5, 2024 for all students. If your student is wanting to change their schedule they will need to come on this day anytime between 8:00 a.m. to 4:00 p.m. and visit with our counselor Mrs. Reuter. Just a reminder, students do have until Tuesday, August 20, 2024 to change their schedule. If no changes need to be made to your schedule, we'll see you on the first day of school, Monday, August 12, 2024 (school is dismissed at 1:00 p.m. on this day).
- I will be visiting with each class going over the Student Handbook and Activities Handbook for the next week and a half. All students received an email of a copy of these handbooks on their iPad. Please take the time to view these handbooks at your convenience and return the receipts that are required. During these meetings I will also have information for our ACT prep for any students interested.
- All high school students will receive their iPad on the first day of school as long as you have the insurance form filled out and paid, and the policy and procedure form signed and returned to the office. We strongly encourage students to take care of this before school starts. You can come to the high school office anytime between 8:00 a.m. to 4:00 p.m. to return forms and payment. If students have completed these instructions, they will get their iPad on the first day of school without any delay.
- Our school picture day is scheduled for Friday, August 30, 2024.

Greetings Thunderbird Family!

I hope you had an excellent summer and you are ready for the upcoming school year. We are all excited to get started! Our student-athletes have been working hard in the weight room and camps this summer and are itching to show their improvements in their respective sports. I want to say thank you to the coaches for putting in their time to work the weight room, sponsoring team camps, individual skill sessions, and holding team cross country runs to help our athletes improve. Speaking of sports, fall practices officially start on Monday, August 12th. Before students can start practice they need to have the necessary paperwork/testing done before they can participate. There is more information on that below. I strongly encourage you to take care of this before practice starts so your athlete isn't missing valuable practice time.

Here are the coaches for our upcoming fall sports as there have been a couple of changes from last year.

Cross Country: Nick Weber, Angie Huskey

Girls Golf: Ben Swanson

Football: Ryan Haughton, Neil Bowman, Brad Gabriel, Lance Beethe, Jon Rother

Volleyball: Tim Hedger, Cody Franklin, Leah Phillips

Junior High Football: TBD

Junior High Volleyball: Jacy Pollard, Andrea Jaquez

Cheerleading: Andrea Jaquez, Amber Baehr

Please reach out to a coach and tell them thank you for all the time they put in and sacrifices that they make to help our athletes be successful!

Good luck to our athletes and coaches as we get started on this upcoming season!
Go Thunderbirds!

Garrett Collin



****IMPORTANT INFORMATION****

Each student, grades 7-12, who plan to participate in NSAA sponsored activities during the upcoming school year will need to turn in a signed Parental Consent form. This must be done before a student is eligible for practice and competition in any activity that is under the jurisdiction of the Nebraska School Activities Association. The participating student and one of his/her parents or guardians must sign the certificate of consent and turn this certificate into the school office. By signing this consent form parents and students acknowledge that they understand there are risks involved in any activity. This parental consent form must be on file at school for every student who participates in NSAA activities.

All 7th grade students and each 8th – 12th grade student who expects to participate in athletics this year will need to turn in a physician's certificate stating that he/she is physically fit for athletic participation. We do encourage any students who have a medical history (recent surgery or concussion, heart issue, etc...) to get a Pre-Participation Athletic Physical if possible, even if they are exempt this year. All incoming freshmen and 7th graders will still be required to provide the school with the Pre-Participation Physical Examination paperwork that is dated no earlier than May 1, 2021. Also, all incoming 7th graders, freshmen and juniors must complete the ImPact Concussion test to establish a baseline in the event of a head injury. This test will be conducted by school officials and must be done before an athlete is allowed to practice or participate in a contact sport (football, volleyball, basketball, wrestling, jumping events in track & field).

CONCUSSION INFORMATION

The [Nebraska Concussion Awareness Act](#) was signed into law Governor Heineman in April, 2012. The bill affects any schools having athletes 19 years old or younger, as well as any sports organization, including youth leagues, club sports, or any organization sponsoring a sporting activity where there is a cost to participants or where such costs are sponsored.

There are 3 primary components to the Nebraska Concussion Awareness Act:

1. **Education** – (a) concussion educational training must be made available to all coaches on how to recognize symptoms of a concussion, and how to seek proper medical treatment. (b) Athletes and parents must be provided concussion information prior to an athlete's participation on an annual basis that includes (i) signs & symptoms of a concussion, (ii) risks posed by sustaining a concussion, and (iii) actions an athlete should take in response to sustaining a concussion – including informing their coaches.
2. **Removal of Athlete** – an athlete presenting with signs or symptoms of a concussion thereby being “reasonably suspected” of having sustained a concussion (a) must be removed from participation, and (b) may not return to participation until evaluated by appropriate licensed health care professional, *and*,
3. **Written & Signed Clearance for Return to Play (RTP)** – an athlete having been removed from participation for the purpose of presenting with signs or symptoms or “reasonably suspected” of having sustained a concussion must have, before RTP or participation is allowed by a coach, (a) written and signed clearance from an appropriate licensed health care professional, and (b) written and signed clearance from the athlete's parents.

This law has changed the way concussions have been handled in the past. Schools/Organizations must notify a parent of a concussed athlete of the date and time of the head injury, the observed signs & symptoms, and action taken. Schools/Organizations will need to have concussion educational information readily available, and they must demand written clearance for RTP from a licensed health care professional and parent for any concussed athlete. Schools should anticipate the number of concussions, if appropriately “recognized”, to increase significantly; on average, 10% of athletes in a contact or collision sport, and 15%-20% of FB players. Coaches will not only have a duty, but will be required to know the “Signs and Symptoms” of a concussion, and will be responsible for “recognizing” concussions and the potential for head injury. Coaches will have to remove any such athlete “reasonably suspected” of having sustained a concussion, and not allow that athlete to RTP without the athlete first being evaluated by an appropriate licensed health care professional, and without the athlete having written clearance from both a licensed health care professional and parent.

So what's the reality of it? The most difficulty in complying with this law will be the understanding of what is considered a concussion by coaches and parents. The most painful aspect for coaches dealing with concussions will be: “a ding is a concussion”. An athlete that got “dinged” or had their “bell rung” is very likely to present with fairly recognizable signs and symptoms and is to be considered having sustained a concussion - regardless at what point the signs and symptoms may clear. Another point is, RTP of a concussed athlete will be essentially out of the hands of a coach, if at any point there are any signs or symptoms, or one is “reasonably suspected” of sustaining a concussion. No longer can there be any reasoning or judgment on the part of a coach, or parent, as to how minor or severe a concussion might be as to when a coach might think it's OK for an athlete to RTP – RTP will be solely restricted to a licensed health care professional's decision. It will be prohibitive for an athlete presenting with signs or symptoms in a game, even briefly, to RTP within the same game, and may become a rarity for an athlete concussed in a Friday night FB game to return for the following week's game. Conversely, an athlete could essentially resume play, provided an appropriate assessment was made where no such findings were apparent to a coach. Removal, evaluation by a licensed health care professional, and written clearance are necessary in the event “signs and symptoms” were present or a concussion was “reasonably suspected”. Finally, asking an athlete “Are you OK, can you go?” will no longer be an appropriate means to assess their condition. Coaches will need to follow an appropriate method of sideline assessment for recognizing potential concussions.

[Adapted from the Nebraska Sports Concussion Network website]

A Parent's Guide to Concussion in Sports

Taken from the NSAA website and the National Federation of State High School Associations

What is a concussion?

- A concussion is a brain injury which results in a temporary disruption of normal brain function. A concussion occurs when the brain is violently rocked back and forth or twisted inside the skull as a result of a blow to the head or body. An athlete does not have to lose consciousness (“knocked out”) to suffer a concussion.

Concussion Facts

- It is estimated that over 140,000 high school athletes across the United States suffer a concussion each year. (Data from NFHS Injury Surveillance System)
- Concussions occur most frequently in football, but girls’ lacrosse, girls’ soccer, boys’ lacrosse, wrestling and girls’ basketball follow closely behind. All athletes are at risk.
- A concussion is a traumatic injury to the brain.
- Concussion symptoms may last from a few days to several months.
- Concussions can cause symptoms which interfere with school, work, and social life.
- An athlete should not return to sports while still having symptoms from a concussion as they are at risk for prolonging symptoms and further injury.
- A concussion may cause multiple symptoms. Many symptoms appear immediately after the injury, while others may develop over the next several days or weeks. The symptoms may be subtle and are often difficult to fully recognize.

What are the signs and symptoms of a concussion?

SIGNS OBSERVED BY PARENTS, FRIENDS, TEACHERS OR COACHES	SYMPTOMS REPORTED BY ATHLETE
Appears dazed or stunned	Headache
Is confused about what to do	Nausea
Forgets plays	Balance problems or dizziness
Is unsure of game, score, or opponent	Double or fuzzy vision
Moves clumsily	Sensitivity to light or noise
Answers questions slowly	Feeling sluggish
Loses consciousness	Feeling foggy or groggy
Shows behavior or personality changes	Concentration or memory problems
Can't recall events prior to hit	Confusion
Can't recall events after hit	Confusion

What should I do if I think my child has had a concussion?

If an athlete is suspected of having a concussion, he or she must be immediately removed from play, be it a game or practice. Continuing to participate in physical activity after a concussion can lead to worsening concussion symptoms, increased risk for further injury, and even death. Parents and coaches are not expected to be able to “diagnose” a concussion, as that is the job of a medical professional. However, you must be aware of the signs and symptoms of a concussion and if you are suspicious, then your child must stop playing:

When in doubt, sit them out!

All athletes who sustain a concussion need to be evaluated by a health care professional who is familiar with sports concussions. You should call your child’s physician and explain what has happened and follow your physician’s instructions. If your child is vomiting, has a severe headache, is having difficulty staying awake or answering simple questions he or she should be taken to the emergency room immediately.

When can an athlete return to play following a concussion?

After suffering a concussion, no athlete should return to play or practice on that same day. Previously, athletes were allowed to return to play if their symptoms resolved within 15 minutes of the injury. Studies have shown us that the young brain does not recover quickly enough for an athlete to return to activity in such a short time. Concerns over athletes returning to play too quickly have led state lawmakers to pass laws stating that no player shall return to play following a concussion on that same day and the athlete must be cleared by an appropriate health-care professional before he or she is allowed to return to play in games or practices. The laws also state that concussion educational training must be made available to all coaches on how to recognize symptoms of a concussion, and how to seek proper medical treatment.

Once an athlete no longer has symptoms of a concussion and is cleared to return to play by a health care professional knowledgeable in the care of sports concussions he or she should proceed with activity in a step-wise fashion to allow the brain to re-adjust to exertion. On average the athlete will complete a new step each day. The return to play schedule should proceed as below following medical clearance:

Step 1: Light exercise, including walking or riding an exercise bike. No weightlifting.

Step 2: Running in the gym or on the field. No helmet or other equipment.

Step 3: Non-contact training drills in full equipment. Weight-training can begin.

Step 4: Full contact practice or training.

Step 5: Game play.

If symptoms occur at any step, the athlete should cease activity and be reevaluated by their health care provider.

How can a concussion affect schoolwork?

Following a concussion, many athletes will have difficulty in school. These problems may last from days to months and often involve difficulties with short and long-term memory, concentration, and organization. In many cases it is best to lessen the athlete's class load early on after the injury. This may include staying home from school for a few days, followed by a lightened schedule for a few days, or perhaps a longer period of time, if needed. Decreasing the stress on the brain early on after a concussion may lessen symptoms and shorten the recovery time.

Just remember:

- A concussion is a brain injury and all are serious.
- Most concussions occur without loss of consciousness.
- Recognition and proper response to concussions when they first occur can help prevent serious injury or even death.

Although sports-related concussions are in the news, a concussion can also occur from a fall or a blow to the body that causes the head and brain to move quickly back and forth. Health care professionals may describe a concussion as a "mild" brain injury because concussions are usually not life-threatening. Even so, their effects can be serious.

A concussion, no matter how mild it may seem at the time, is a brain injury. We know from studies that a concussion disrupts the brain on a cellular level. It challenges the balance between chemicals within the cell (potassium) and chemicals outside the cell (calcium). As a result, the brain cell, whose job is to efficiently supply the brain with fuel (glucose), is compromised. The more demand placed on the brain for fuel, the more potential for the student to flare with symptoms (Giza & Hovda, 2001).

Immediately after a concussion, the simplest physical or mental demand can bring about severe symptoms. Within a few days, the brain cells begin to heal themselves; therefore, light cognitive activity may still flare symptoms, yet symptoms are usually short-lived and respond well to intermittent periods of rest.

Physical and cognitive rest is the best intervention for healing the brain cells. In the first few days, sleeping as much as possible has the highest yield. The rule of thumb is that if a student is physically or mentally exerting to the point of flaring a symptom, then physical/mental activity should be cut back. One size does not fit all in severity of concussion and amount of time for recovery.

Since a concussion is a medical event, and its recovery spans the home and school setting for several weeks, the management of the concussion is best accomplished by a seamless system of communication and collaboration among parents, the school, and the healthcare providers (McAvoy, 2009).

This multidisciplinary team approach to concussion management lends itself to consensus decision-making. It is best practice that the concussed student always returns to school with a signed release of information in place allowing for two-way communication between the school and the healthcare provider.

What can I do?

- Both you and your child should learn to recognize the "Signs and Symptoms" of concussion as listed above.
- Teach your child to tell the coaching staff if he or she experiences such symptoms.
- Emphasize to administrators, coaches, teachers, and other parents your concerns and expectations about concussion and safe play.
- Teach your child to tell the coaching staff if he or she suspects that a teammate has a concussion.
- Monitor sports equipment for safety, fit, and maintenance.
- Ask teachers to monitor any decrease in grades or changes in behavior that could indicate concussion.
- Report concussions that occurred during the school year to appropriate school staff. This will help in monitoring injured athletes as they move to the next season's sports.

The JCCHS JAG Career Specialist, Betsy Herbert and the JCCHS JAG Program received 2 prestigious JAG Awards for the 2023-2024 school year. The JAG Nebraska 6 of 6 Award and the JAG National 6 of 6 Award. These awards recognize outstanding performance by JAG programs within Nebraska and Nationally. To earn the “6 of 6” Award, a JAG program must meet or exceed six key performance outcomes established by the National JAG organization. These outcomes typically include:

- Graduation rate
- Employment rate
- Positive outcome rate (including employment, further education, or military service)
- Full-time jobs rate
- Full-time placement rate (full-time job or full-time school)
- Further education rate

Achieving the “6 of 6” Award indicates that a JAG program is effectively supporting its students in achieving these important milestones. Our 2023 graduates smashed the Nebraska JAG and National JAG “6of 6” goal percentages. *see photos for JCCHS stats. Congrats JCCHS JAG!!!

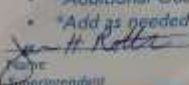
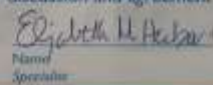

23-24 JAG Overview

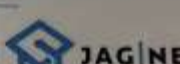
Johnson County Central High School • 6/6/24
Administrator: Jon Rother

High School Outcomes	JAG National Goals	JAG NE Class of 2023	JCC JIS Class of 2023
Graduation	90%	99%	100%
Connectivity	91%	100%	100%
Employment (FT+PT)	60%	82%	100%
FT Employment (JAG+JIS)	60%	80%	89%
Positive Outcomes	50%	94%	100%
Further Education	35%	51%	67%

Goals

- 2023-2024 Goals
- A minimum of 45 JCCHS students served in JAG (Goal achieved-68 students served-including nine 2023 Graduates in Follow Up)
- 2024-2025 Goals
- A minimum of 45 JCCHS students served in classroom and fifteen 2024 Graduates served in Follow Up
- *Additional Goals For discussion and agreement
- *Add as needed

 Name: Jon Rother, Superintendent
 Name: Betsy Herbert, Specialist
 Name: [unclear], Program Manager



BETSY HERBERT

Johnson County High School
has been awarded the
JAG Nebraska "6 of 6" Award
for the class of 2024.




At United Way of the Midlands we...

Build **TRUST**
Extend **GRACE**
Show **GRIT**
Are **OPEN**
Actively **ENGAGE**
Live **CURIOSLY**



JAG|NE
JOBS for AMERICA'S GRADUATES NEBRASKA

6 OF 6 AWARD

THIS CERTIFICATE IS PROUDLY PRESENTED TO

Betsy Herbert

JOHNSON COUNTY CENTRAL HIGH SCHOOL

6/29/24
DATE

Jon Rother
SIGNATURE




23-24 JAG Overview


Johnson County Central High School • 6/6/24
Administrator: Jon Rother

68 students

*includes any student enrolled and 9 in follow-up



Gender


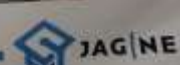


61.02% of students on FRL

6 of 6 CTE clusters

Highlights

- Haunted Hallway for Elementary
- Kearney Career Exploration Day
- UNL and WSC campus tours
- JAG Social Events and PBLs



JOHNSON COUNTY CENTRAL PUBLIC SCHOOLS PARTNERSHIP PACKAGES



We are excited to offer your business an opportunity to showcase your school and community support while taking advantage of prime advertising during every game. But your support goes beyond game night. Your sponsorship also contributes to:

ACADEMICS



students can get hands-on experience beyond the classroom

ACTIVITIES



band, cheer and student government can all see benefits from your sponsorship

BUDGET



your business can help pay for the video board itself, and add to school funds

ATHLETES



students get pumped up when they see themselves in lights

GAIN THE HOME-FIELD/COURT ADVANTAGE PARTNER WITH JOHNSON COUNTY CENTRAL HIGH

- 1 Stimulate sales
- 2 Increase brand loyalty
- 3 Drive traffic to your business
- 4 Create brand awareness and visibility
- 5 Set yourself apart from the competition
- 6 Show support for our community and students
- 7 Help keep athletic programs healthy and competitive
- 8 Enhance the fan experience and leave a positive impression about your business and our team
- 9 Reach local and out-of-town customers more effectively

CONTACT INFORMATION

MARCUS SCHEER
DIRECTOR OF TECHNOLOGY
MARCUS.SCHEER@JCCENTRAL.ORG



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JOHNSON COUNTY CENTRAL PUBLIC SCHOOLS PARTNERSHIP PACKAGES

ANCHOR PARTNERSHIP (6 TOTAL, \$3,500/YEAR)

OUTDOOR DIGITAL CONTENT

PRE-IN-POST GAME rotating business name, logo, and/or tagline on video display. Messages will rotate with other partners for each regular season home event.

Two (2) in-game full screen static ad exposure per regular season home event

One (1) :30 second PRE-game sponsor supplied video commercial OR full color logo with corresponding announcement per regular season home varsity game

PROMOTIONAL GAME SPONSORSHIP

One (1) game day sponsorship per year. School and sponsor will choose (1) home indoor varsity game per year. Game day sponsorship could include:

- Additional PA announcement and digital content recognizing sponsor
- Opportunity for promotional giveaway or contest
- Opportunity to promote or distribute specialty items
- On field recognition

MULTI-MEDIA/PRINT/PROMOTIONS

One (1) grouped PA announcement at all home varsity events (boys and girls)

One (1) ad exposure on the JCC athletics live stream per regular season varsity event

INDOOR DIGITAL CONTENT

PRE-IN-POST GAME rotating business name, logo, and/or tagline on video display. Messages will rotate with other partners for each regular season home event.

Two (2) in-game full screen static ad exposure per regular season home event

One (1) three point sponsor feature entitlement. A founding partner logo will play on the three point animation and founding partners will rotate the turns as three pointers are made.

One (1) :30 second PRE-game sponsor supplied video commercial OR full color logo with corresponding announcement per regular season home varsity game

PREMIER PARTNERSHIP (8 TOTAL, \$1,500/YEAR)

OUTDOOR DIGITAL CONTENT

PRE-IN-POST GAME rotating business name, logo, and/or tagline on video display. Messages will rotate with other partners for each regular season home event.

One (1) in-game full screen static ad exposure per regular season home event

INDOOR DIGITAL CONTENT

PRE-IN-POST GAME rotating business name, logo, and/or tagline on video display. Messages will rotate with other partners for each regular season home event.

One (1) in-game full screen static ad exposure per regular season home event

MULTI-MEDIA/PRINT/PROMOTIONS

One (1) grouped PA announcement at all home varsity events (boys and girls)

One (1) ad exposure on the Eagle Eye Broadcasting stream per regular season varsity event



MIDDLE SCHOOL NEWS

By Rich Bacon

Welcome back to the start of a new school year. Where did the time go? It's hard to believe that summer is coming to a close and we're getting ready to kick off another school year. Every year summer seems to go faster than the previous summer. But, as always, I find myself getting excited as the first day of school approaches. After a summer of relaxation and activities, it's always good to welcome anxious and enthusiastic students back to school on that first day.

This year we welcome a few new faces to our staff at the Middle School. Ms. Ashlee Twohig will be the new 6th grade language arts and Title 1 teacher. this year. Ms. Twohig comes to JCC from Grand Island Public Schools. Mrs. Emily Gist will be teaching 5th grade for us. She has been teaching at Falls City Public Schools. We also have a couple familiar faces taking new positions this year. Mrs. Leah Phillips, who had been teaching 5th grade, will be teaching science in the Middle School. Mr. Connor Bartels will be teaching 6-8 Ag/Industrial Tech classes this year. Mr. Bartels taught second semester last year at the high school. Also, Mrs. Tonia Mannschreck will be our new administrative assistant this year. We are excited to have all of these staff members join our team.

The Middle School Walk-Through and 4th & 5th grade Open House will be held Wednesday, August 7th at 6:00 with 6th-8th students starting in the main gym and 4th & 5th grades in their classroom. The Walk-Through and Open House gives students an opportunity to find their classrooms and lockers, walk through their class schedule, meet with their teachers, and alleviate some of the anxiety that students may feel on the first day of school. We will continue our 1:1 iPad program for all students in grades K-12. The initial orientation for students and parents will be covered at the Walk-Through. As was the case last year, upon receipt of the signed iPad insurance form, all students, grades 6-8, will be loaned an iPad for the school year. This insurance form will be handed out at the Walk-Through. iPads will be checked out to students during the first week of school if we have received the insurance form. This, and other information will be shared at 6:00 in the main gym at the Middle School. We hope to see everyone on the 7th.

We always seem to get a lot of phone calls prior to the start of the school year about the school supplies that need to be purchased for the upcoming year. While we don't have a list of required supplies for middle school students, individual teachers may have suggestions which will specifically pertain to their particular class. Students in grades 4 and 5 should have received a supply list for this coming school year last spring with their report cards. The recommended school supply list for each grade level can also be found on the school website, under the Parent Information tab. Also, as you shop for clothes, keep in mind the school dress code. Some clothing that students wear during the summer or on the weekend may not be acceptable for the school setting. All students and parents are strongly encouraged to read through the Student-Parent Handbook for further information about the school dress code.

Each student, grades 7-12, who plan to participate in NSAA sponsored activities during the upcoming school year will need to turn in a signed Parental Consent form. This must be done before a student is eligible for practice and compete in any activity that is under the jurisdiction of the Nebraska School Activities Association. The participating student and one of his/her parents or guardians must sign the certificate of consent and turn this certificate into the school office. By signing this consent form parents and students acknowledge that they understand there are risks involved in any activity. This parental consent form must be on file at school for every student who participates in NSAA activities.

Continued...

All 7th grade students and each 8th – 12th grade student who expects to participate in athletics this year will need to turn in a physician's certificate stating that he/she is physically fit for athletic participation. This physical examination must be given during the school year in which the student participates or during the summer vacation period which precedes the school year in which the individual participates. *Coaches would appreciate it if this was completed before the start of organized practice, as you will not be allowed to practice until this is turned in.* Also, all incoming 7th graders, freshmen and juniors must complete the ImPact Concussion test to establish a baseline in the event of a head injury. This test will be conducted by school officials and must be done before an athlete is allowed to practice or participate in a contact sport.

I hope everybody is looking forward to the start of another school year. Middle school provides an excellent opportunity for students to make friends, connections and memories. I encourage all students to start the school year with an open mind toward their classes and to take advantage of the opportunity to try as many activities as possible. This is the best way for students to learn about themselves, strengthen friendships, create connections with peers and have a positive school experience. I hope our staff, students, and parents all start the school year with a positive outlook and plan to have a successful and productive year.



Johnson County Central
6th thru 8th Grade Fall Walk-Through
4th & 5th Grade Open House
Wednesday, August 7th
6:00 pm @ Cook site

To: 4th – 8th Grade Students and Parents

On Wednesday, August 7th we usher in the start of the new school year with the Middle School (6th – 8th) Walk-Through and the 4th & 5th Grade Open House. We hope to see all students and parents attend this event.

Middle School is a critical step in a student's education. It presents new changes and challenges. We hope to help make this a smooth transition with the Fall Walk-Through by allowing students to see their schedules, find their rooms and lockers, and meet with their teachers. This time will also allow the parents to see what is expected of their children in each class regarding homework, lecture notes, deadlines, note taking, etc. The M.S. Fall Walk-Through will begin at 6:00 pm in the commons area where students will receive their 2024 - 2025 schedules as well as forms to be completed. Following a short welcome in the main gym, students and parents will be dismissed to the student's 1st period class. Each period will meet for approximately 5 minutes. During this time teachers will explain their expectations and guidelines for their classes, plus provide an opportunity for parents and students to ask questions. After the last period, forms will be collected in the commons area.

4th & 5th grade students and parents can go directly to their student's classroom upon arrival where they will meet their teachers, find their desks and drop off their school supplies. **Student Handbooks will be available online.*

Lunch money, Activity fees, iPad Insurance and Instrumental rental fees will be collected in the commons area following the Walk-Through. (Separate checks are requested for each separate account). **All lunches are to be paid in advance.** **Free & Reduced lunch applications will be available.*

School physicals are required for ALL students entering the 7th grade and immunizations must be up to date! School physicals are also required for all 8th grade students who are participating in any sport.

School Physical forms/NSAA Parent Consent forms are available at the Middle School office, High School office or can be found on the school website: www.jccentral.org. Please bring your student's Physical Clearance Form and NSAA Student/Parent Consent Form to the Walk-Through. If you have any questions, please feel free to contact the Middle School @ (402)-864-4181.

Hope to see everyone there!

School Office Notices

Writing Checks

When writing checks to the school for items such as lunch accounts, iPad insurance and activity fees—

PLEASE make out separate checks.

These each go into different accounts.

Thanks in advance for your help.

Census: We Need Your Help!

Nebraska Law requires that the Board of Education take an annual census. If you have recently moved into our area and have a child between the ages of 0-18 or have recently given birth to a child, please help us update our records by calling 402-335-3320.

Thanks again for your help!

BACK TO SCHOOL PHYSICALS...

It is time to start thinking about physicals for sports and school participation.

- ♦ **ALL Kindergarten students** (entering school for the first time) are required to receive a physical/vision screening, and immunization screening from a healthcare provider.
- ♦ **ALL 7th grade students are required** to receive a school physical with immunizations reviewed and booster shots if needed.
- ♦ **ALL students transferring from out-of-state** require a school physical/vision screening, and immunization screening.
- ♦ **ALL students, grades 7-12, that plan to participate in athletics** will need a sports physical.

NSAA physical forms are available at the Tecumseh and Cook sites.

Please bring completed physical clearance forms to your child's school after their physical is completed.

*Please call your healthcare provider to schedule an appointment.

ALL PHYSICALS MUST BE COMPLETED PRIOR TO THE START OF SCHOOL, AND PRIOR TO THE START OF THE FALL ATHLETIC SEASON FOR ALL ATHLETES. Coaches will need to receive completed physical forms prior to an athlete's participation in practice.

Summary of the School Immunization Rules and Regulations

Student Age Group	Required Vaccines
Ages 2 through 5 years enrolled in a school based program not licensed as a child care provider	<p>4 doses of DTaP, DTP, or DT vaccine</p> <p>3 doses of Polio vaccine</p> <p>3 doses of Hib vaccine or 1 dose of Hib given at or after 15 months of age</p> <p>3 doses of pediatric Hepatitis B vaccine</p> <p>1 dose of MMR or MMRV given on or after 12 months of age</p> <p>1 dose of varicella (chickenpox) or MMRV given on or after 12 months of age. Written documentation (including year) of varicella disease from parent, guardian, or health care provider will be accepted.</p> <p>4 doses of pneumococcal or 1 dose of pneumococcal given on or after 15 months of age</p>
Students entering school (Kindergarten or 1 st Grade depending on the school district's entering grade)	<p>3 doses of DTaP, DTP, DT, or Td vaccine, one given on or after the 4th birthday</p> <p>3 doses of Polio vaccine</p> <p>3 doses of pediatric Hepatitis B vaccine or 2 doses of adolescent vaccine if student is 11-15 years of age</p> <p>2 doses of MMR or MMRV vaccine, given on or after 12 months of age and separated by at least one month</p> <p>2 doses of varicella (chickenpox) or MMRV given on or after 12 months of age. Written documentation (including year) of varicella disease from parent, guardian, or health care provider will be accepted. If the child has had varicella disease, they do not need any varicella shots.</p>
Students entering 7 th grade	<p>Must be current with the above vaccinations</p> <p>AND receive</p> <p>1 dose of Tdap (contain Pertussis booster)</p>
Students transferring from outside the state at any grade	<p>Must be immunized appropriately according to the grade entered.</p>

Source: Nebraska Immunization Program, Nebraska Department of Health and Human Services. . For additional information, call 402-471-6423.

The School Rules & Regulations are available on the internet: http://dhhs.ne.gov/Pages/reg_1173.aspx (Title 173: Control of Communicable Diseases - Chapter 3; revised and implemented 2011)

Updated 01/26/2018

Resumen del reglamento de vacunas requeridas para la escuela

Grupo de estudiantes por edades	Vacunas requeridas
Niños de 2 a 5 años inscritos en un programa de escuela que no esté licenciado como proveedor de cuidado infantil.	<p>4 dosis de una de las siguientes vacunas: DTaP, DTP o DT,</p> <p>3 dosis de la vacuna contra el Polio,</p> <p>3 dosis de la vacuna Hib o 1 dosis de la Hib colocada a los 15 meses o después,</p> <p>3 dosis de la vacuna para niños contra la Hepatitis B,</p> <p>1 dosis de la vacuna MMR o MMRV colocada a los 12 meses o después,</p> <p>1 dosis de la vacuna contra la varicela o de la vacuna MMRV colocada a los 12 meses o después. Se aceptará documentación escrita (incluyendo el año) de la enfermedad (varicela) de alguno de los padres del niño, guardián o proveedor de salud.</p> <p>4 dosis de la vacuna contra los neumococos o 1 dosis de la vacuna contra los neumococos colocada a los 15 meses o después.</p>
Estudiantes que ingresan a la escuela (kindergarten o 1 ^{er} grado, dependiendo del grado inicial en el distrito escolar)	<p>3 dosis de una de las siguientes vacunas: DTaP, DTP, DT o Td, una de las cuales debe haber sido colocada a los 4 años o después.</p> <p>3 dosis de la vacuna contra el Polio,</p> <p>3 dosis de la vacuna para niños contra la Hepatitis B o 2 dosis de la vacuna para adolescentes si el estudiante tiene de 11 a 15 años de edad.</p> <p>2 dosis de la vacuna MMR o MMRV, colocada a los 12 meses o después y con diferencia de al menos un mes,</p> <p>2 dosis de la vacuna contra la varicela o de la vacuna MMRV colocada a los 12 meses o después. Se aceptará documentación escrita (incluyendo el año) de la enfermedad (varicela) de alguno de los padres del niño, guardián o proveedor de salud. Si el niño ya ha tenido la varicela, no necesita ninguna vacuna contra la varicela.</p>
Estudiantes que ingresan a 7 ^{mo} grado	<p>Debe estar al día con las vacunas indicadas arriba</p> <p>Y recibir</p> <p>1 dosis de Tdap (contiene refuerzo de tosferina)</p>
Estudiantes que son transferidos de fuera Del estado de cualquier grado	<p>Deben ser inmunizados adecuadamente de acuerdo con el grado al que ingresen</p>

Source: Nebraska Immunization Program, Nebraska Department of Health and Human Services. . For additional information, call 402-471-6423.

The School Rules & Regulations are available on the internet: http://dshs.ne.gov/Pages/reg_1173.aspx (Title 173: Control of Communicable Diseases - Chapter 3; revised and implemented 2011)

Updated 01/26/2018



JCC Preschool 4 yr old program- All Day

- Backpack (full size)
- Pillow case
- Beach towel or small blanket
- 3 Boxes of Kleenex
- 3 Baby wipe packages
- 3 Disinfecting wipe containers
- Change of clothes including socks and underwear please
- zippered pencil bag
- Reusable water bottle
(no straws please, dishwasher safe)

JCC Preschool 3yr & 4yr programs- Half Day

- Backpack (full size)
- 3 Boxes of Kleenex
- 3 Baby wipe packages
- 3 Disinfecting wipe containers
- Change of clothes including socks and underwear please
- zippered pencil bag
- Reusable water bottle
(no straws please, dishwasher safe)

Please mark all supplies with your child's name.

Kindergarten Supply List

Book Bag
A pencil box
Eraser
10 – 12 pencils
Fiskar Scissors (no points)
4 boxes of Crayons: 24 count
(Crayola prefer)
8 -10 glue sticks
1-2 Rolls of paper towels
Rug, towel, mat, or small blanket
for rest time
2 large boxes of Kleenex
2 Containers of Anti-Bacterial Wipes
4 – 6 Expo Black Dry Erase markers
Small Water Bottle – 20 oz. or less

(We will be keeping these at our desks, refilling them daily, and sending them home on the week-ends to be washed. This is so they can have plenty of water to drink every day!)

Please label all items (clothing, etc.)
with student's name!
Thank You!





SCHOOL SUPPLIES

1st Grade:

Ms. Snethen & Mrs. Faris

- 2 dozen SHARPENED #2 pencils
- 3 pks of 8 Crayons & 1 big pk of many colors
- 1 large pencil box
- 1 paint shirt
- 1 bottle of Elmer's glue & 12 glue sticks**
- 1 pair (no sharp points) scissors
- 2 boxes of Kleenex
- 4- 2 pocket folders: 1 red, 1 blue, 1 green, 1 yellow
- 1 drawing tablet/sketch pad
- 1 larger eraser
- 1- 2 inch binder
- 1 larger shoe box with lid or plastic container with lid
- 2 container of anti-bacterial wipes
- P.E. Shoes
- 3 rolls of paper towels
- 1 box of quart or gallon zip lock baggies



3rd Grade: Ms. Koehler & Mrs. Heidemann

- 1 pk of pencils with erasers
- 1 pk of pencil top erasers
- 1 pair of scissors
- 8 glue sticks
- 1 box of crayons
- 1 box of colored pencils
- 1 red checking pen
- 2 pk of low odor dry erase markers
- 1 pencil bag
- 2 wide rule spiral notebooks
- 1 container anti-bacterial wipes
- 1 roll of paper towels
- 2 boxes of Kleenex
- P.E. shoes

2nd Grade:

Mrs. Lang & Mrs. Doeden

- 2 dozen yellow Ticonderoga #2 pencils
- 2 big erasers
- 8 glue sticks
- 1 spiral notebook, wide ruled
- 2 boxes 24 crayons
- Colored Pencils (12 or 24 count)
- 1 small pencil box or bag
- Washable Markers (10 Count)
- 3 large boxes of Kleenex
- 3 containers of anti-bacterial wipes
- 1 roll of paper towels
- P.E. shoes
- School bag
- 1 pair pointed Fiskars scissors
- 1 pair of extra clothes to keep in locker



4th Grade:

Mrs. Dorsey & Mrs. Robison

- Colored pencils
- Crayons
- 24 yellow, six-sided, #2 pencils, sharpened, no mechanical pencils
- 2 red pens
- Erasers (pencil top and/or large)
- 1 roll paper towels
- 3 boxes of Kleenex
- 3 containers of antibacterial wipes
- 2 glue sticks
- 1 bottle of white glue
- Scissors (Fiskars if possible)
- Zipper Pencil Bag
- Water Bottle with lid
- P.E. shoes (we change everyday)
- NO large trapper keepers or binders
- NO pencil sharpeners



5th Grade:

Mrs. Crotty & Ms. Gist

- 24 pencils- NO mechanical pencils
- 24 count crayons or colored pencils
- 3 pocket folders
- 2 glue sticks
- 1 Red Pen
- 1 Black or Blue Pen
- Stylus for iPad
- Cap Erasers—no block erasers
- 2 large boxes of Kleenex
- 3 containers of antibacterial wipes
- P.E. shoes (used daily)
- Scissors
- 1 spiral notebook
- NO large trapper keepers or binders
- NO pencil boxes



2024-2025
6th Grade Supply List

Math & Science
(Mrs. Mandy Goodrich)

- # 2 pencils or
 mechanical pencils with lead refills
- pencil top erasers
- 1 notebook (100 pgs. or more)
- zipper pencil bag
- jumbo sized book cover or paper grocery bag
- box of kleenex
- 4 glue sticks
- 1 roll of scotch tape
- 1 large binder (optional)
- colored pencils/pens (optional)

Art
(Ms. Brittany Teeman)

- small sketchbook

Language Arts
(Ms. Twohig)

- 2 single subject notebooks
- pocket folder
- pencils, pens
- box of kleenex
- 1 inch 3 ring binder
- composition notebook

Social Studies
(Mr. Justin Damme)



- spiral notebook
- pencils, pens
- colored pencils
- pocket folder
- box of kleenex

2024-2025
7th & 8th Grade Supply List

- PENCILS, pens
- 1 large 3-ring binder (2-3 inch)
- pencil bag to go inside of binder
 - loose leaf paper
- spiral notebooks for each class
 - small sketchbook for Art
 - colored pencils
- pocket folders (optional)
- highlighters (optional)
- 3-4 boxes of kleenex

August 2024

Johnson County Central Lunch Menu

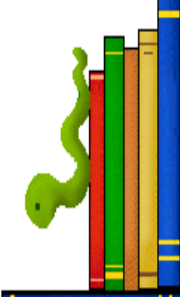
Sun	Mon	Tue	Wed	Thu	Fri	Sat
11	12 1ST DAY OF SCHOOL EARLY DISMISSAL 1:00 P.M. Chicken Nuggets Potato Scooby Snack Fruit & Veggie Bar Milk	6	7 NO SCHOOL TEACHER IN-SERVICE	1	2 	
				8 NO SCHOOL TEACHER IN-SERVICE	9 NO SCHOOL TEACHER IN-SERVICE	10
	13 Br. Cheese Stick/Marinara Peas Rice Krispie Bar Fruit & Veggie Bar Milk	14 Sloppy Joe/WG Bun Potato Fruit & Veggie Bar Milk	15 Turkey/Cheese Wrap Corn Chips Fruit & Veggie Bar Milk	16 NO SCHOOL TEACHER IN-SERVICE	17	
18	19 NO SCHOOL	20 First Day for Preschool Corn dog Baked Beans Fruit & Veggie Bar Milk	21 Chicken Quesadilla Corn Fruit & Veggie Bar Milk	22 Spaghetti w/Meatsauce Green Beans Garlic Bread Fruit & Veggie Bar Milk	23 Chicken Patty/WG Bun Potato Fruit & Veggie Bar Milk	24
25	26 NO SCHOOL TEACHER IN-SERVICE	27 Cheeseburger/WG Bun Potato Fruit & Veggie Bar Milk	28 Chicken Alfredo Broccoli Fruit & Veggie Bar Milk	29 Tatcho Breadstick Fruit & Veggie Bar Milk	30 Pizza Corn WG Cookie Fruit & Veggie Bar Milk	31 



August 2024

JCC Activities Calendar

ALL ACTIVITIES ARE SUBJECT TO CHANGE

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1 Summer Band Camp @ JCC HS-9:00	2 Summer Weight Ends Summer Band Camp @ JCC HS-9:00	3
			7 Teacher In-Service 4th & 5th Grade Open House @ JCC MS Cook Site-6:00 pm 6th thru 8th Grade Fall Walk-Through @ JCC MS Cook Site-6:00 pm	8 Teacher In-Service Tecumseh Site HS, PK-3 Grade Open House-6:00 pm Parent Academy: THE EFFECTS OF DIGITAL MEDIA ON OUR YOUTH @ JCC HS-7:00 pm	9 Teacher In-Service	10
			14 JCC School Board Meeting @ JCC HS Computer Lab-6:00 pm	15	16 NO SCHOOL for Students Teacher In-Service	17
			21 FIRST DAY FOR PRESCHOOL STUDENTS	22 V Football Scrimmage @ JCC HS-6:00 pm	23	24
			28	29 G Golf Invite @ Syracuse Country Club-9:00 am CC JV/V Invite @ Cass County Fairgrounds-10:00 am VB-Reserve/JV/V @ Nebraska City HS-5:00/6:00/7:00	30 SCHOOL PICTURES @ BOTH SITES V Football @ Tri County-7:00 pm	31
			5 WELCOME BACK TO SCHOOL			
			6 			
			12 FIRST DAY OF SCHOOL EARLY DISMISSAL @ 1:00 PM			
			13			
			20 FIRST DAY FOR PRESCHOOL STUDENTS			
			27 NO SCHOOL for Students Teacher In-Service			
			28			
			29			
			30			
			31			

*School Pictures will be taken
At both sites on
Friday,
August 30th.*



Bus Drivers Wanted!



JCC is seeking route, shuttle and activity drivers for the current school year and upcoming 2024-2025 school year.



\$35 per route
\$35 per shuttle
\$25.00 per hour for activities



Contact Mr. Rother or Laurie Badertscher if interested.
402-335-3320

Johnson County Central is an equal-opportunity employer.

Johnson County Central Public Schools

PO Box 338
Tecumseh, NE 68450

PO Box 255
Cook, NE 68329

Phone: 402 335-3320 Superintendent @ Tecumseh
402 335-3328 Principal @ Tecumseh
402 864-2024 Elementary Office @ Cook
402 864-4171 Principal @ Cook
402 864-4181 MS Office @ Cook
Web Site www.jccentral.org

This newsletter is produced monthly to inform parents, district patrons and others about school events, classroom events, and student achievements in the classroom and extra curricular activities. This information is submitted by faculty and staff members. Information may be submitted to offices at Tecumseh and Cook.

The school reserves the right to edit information in the interest of space and content.

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Non-Discrimination

It shall be the policy of Johnson County Central Public Schools to not discriminate on the basis of race, color, religion, national origin, sex, handicap, or age in its educational programs, activities, or employment practices. There is a grievance procedure for discrimination concerns. Inquiries concerning any of the above, or Title IX and Rehabilitation Act Regulations (504) should be directed to the Superintendent of Schools, 358 N 6th Street, Tecumseh, NE 68329; (402)335-3320.

Child find

Children that are birth to 5 years old who are experiencing problems with speech language, cognitive, emotional and/or physical development or have a disability can receive services through Early Childhood Education Services. If interested or in need of more information please contact Rebecca Kling, Special Education Coordinator or Jon Rother, Superintendent at 402-335-3320.

Classes begin August 12th!

(1:00 Dismissal)

No School Friday, August 16th

(Teacher Workday)

****Preschool starts August 20th ****

No School Monday August 19th

No School Monday, August 26th

(Teacher Workday)

