

## **Support Our Troops!**

# Be Thankful for Our Troops and Donate Items to

## **Soldiers Serving in the Military**



### **Recommended Food Items**

- Energy bars
- Beef Jerky
- Instant Mac and Cheese
- Peanut butter
- Coffee Whole Bean or Ground
- Gatorade
- Snack cakes
- Cheese crackers
- Candy (avoid chocolate)
- Gum
- Sunflower seeds
- Nuts
- Trail mix
- Chips of any kind
- Flavoring packets for water
- Powdered drink mix

#### **Toiletries**

- Toothbrushes
- Toothpaste
- Shaving lotion
- Disposable razors
- Shampoo
- Mouthwash
- Baby wipes
- Lip Balm/gloss
- Lotion
- Sunscreen
- Glass cleaner or lens cleaning clothes
- Finger nail clippers
- Q-Tips
- Letter writing supplies
- Board games
- Cards
- Books
- Socks

Donations will be distributed by the Cook Ladies Auxiliary.

Donation Drive November 19-November 26th.

