

# JCC TRACK & FIELD INFORMATION



JOHNSON COUNTY CENTRAL  
Home of the Thunderbirds



**Event:** Junior High Thunderbird Track & Field Invite at Johnson County Central

**Date:** Thursday, April 25th, 2024

**Teams:** Auburn, Conestoga, Elmwood-Murdock, Southern, Tri County, Palmyra, Falls City, Lincoln Lutheran, Syracuse, Mead, JCC

**Coaches Meeting** - 9:30 AM (outside the press box)

**Field Events** - 10:00 AM

**Running Events** - 12:30 PM

## 9:30 AM - Coaches Meeting

## 10:00 AM - Field Events

Boys Discus *followed by* Boys Shot Put

Girls Shot Put *followed by* Girls Discus

Girls Long Jump *followed by* Boys Long Jump

Boys Triple Jump *followed by* Girls Triple Jump

Girls High Jump *followed by* Boys High Jump

Boys Pole Vault *followed by* Girls Pole Vault

## 12:30 PM - Running Events

### Running Events are Finals Only

3200m Relay - Girls

3200m Relay - Boys

100m Hurdles (30") - **Girls**

100m Hurdles (33") - **Boys**

100m Dash - Girls

100m Dash - Boys

1600m Run - Girls

1600m Run - Boys

400m Relay - Girls

400m Relay - Boys

400m Dash - Girls

400m Dash - Boys

200m Hurdles (30") - **Girls**

200m Hurdles (33") - **Boys**

800m Run - Girls

800m Run - Boys

200m Dash - Girls

200m Dash - Boys

1600m Relay - Girls

1600m Relay - Boys