

2024 JH ECNC CHAMPIONSHIPS TRACK & FIELD

SCHEDULE OF EVENTS

10:00 AM - Field Events

Boys Discus *followed by* Boys Shot Put
Girls Shot Put *followed by* Girls Discus
Girls Long Jump *followed by* Boys Long Jump
Boys Triple Jump *followed by* Girls Triple Jump
Girls High Jump *followed by* Boys High Jump
Boys Pole Vault *followed by* Girls Pole Vault

12:00 PM - Running Events

3200 Meter Relay - *Girls Finals*
3200 Meter Relay - *Boys Finals*
100 Meter Hurdles - *Girls Prelims *30*
100 Meter Hurdles - *Boys Prelims *33*
100 Meter Dash - *Girls Prelims*
100 Meter Dash - *Boys Prelims*
400 Meter Dash - *Girls Finals*
400 Meter Dash - *Boys Finals*
1600 Meter Run - *Girls Finals*
1600 Meter Run - *Boys Finals*
200 Meter Dash - *Girls Prelims*
200 Meter Dash - *Boys Prelims*

Break

100 Meter Hurdles - *Girls Finals *30*
100 Meter Hurdles - *Boys Finals *33*
100 Meter Dash - *Girls Finals*
100 Meter Dash - *Boys Finals*
800 Meter Run - *Girls Finals*
800 Meter Run - *Boys Finals*
200 Meter Hurdles - *Girls Finals *30*
200 Meter Hurdles - *Boys Finals *33*
200 Meter Dash - *Girls Finals*
200 Meter Dash - *Boys Finals*
400 Meter Relay - *Girls Finals*
400 Meter Relay - *Boys Finals*
1600 Meter Relay - *Girls Finals*
1600 Meter Relay - *Boys Finals*

****We will use top 8 times to determine finalists****