

9:30 AM - Coaches Meeting

10:00 AM - Field Events

Boys Discus *followed by* Boys Shot Put
Girls Shot Put *followed by* Girls Discus
Girls Long Jump *followed by* Boys Long Jump
Boys Triple Jump *followed by* Girls Triple Jump
Girls High Jump *followed by* Boys High Jump
Boys Pole Vault *followed by* Girls Pole Vault

12:30 PM - Running Events

Running Events are Finals Only

3200m Relay - Girls
3200m Relay - Boys
100m Hurdles (30") - **Girls**
100m Hurdles (33") - **Boys**
100m Dash - Girls
100m Dash - Boys
1600m Run - Girls
1600m Run - Boys
400m Relay - Girls
400m Relay - Boys
400m Dash - Girls
400m Dash - Boys
200m Hurdles (30") - **Girls**
200m Hurdles (33") - **Boys**
800m Run - Girls
800m Run - Boys
200m Dash - Girls
200m Dash - Boys
1600m Relay - Girls
1600m Relay - Boys