



# Palmyra Junior High Invitational

## Thursday, April 11, 2024



### Time Schedule/Order of Events:

**12:00 pm** Scratch/add meeting

#### Field Events:

**1:00 pm** Girls Shot Put followed by Boys Shot Put (Shot put area west of the track) **Palmyra**  
Boys Discus followed by Girls Discus (Northeast corner outside of track) **Nebraska City**  
Boys High Jump followed by Girls High Jump (East end of track) **Parkview Christian**  
Boys Long Jump followed by Boys Triple Jump (West runway) **JCC**  
Girls Triple Jump followed by Girls Long Jump (East runway) **Lincoln Christian**  
Girls PV followed by Boys PV (West end of football field) **Palmyra**

#### Running Events:

**3:00 pm** 4x800 Meter Relay G/B  
100 Hurdles G/B  
100 Meter Dash G/B  
1600 Meter Run G/B  
4 x 100 Meter Relay G/B  
400 Meter Dash G/B  
200 Hurdles G/B  
800 Meter Run G/B  
200 Meter Dash G/B  
4 x 400 Meter Relay