

JUL 2024

SUN

MON

TUE

WED

THU

FRI

SAT

01

02

03

04

05

06

07

Setter Training:
8:30-9:00
HS Clinic: 9-11

08

Setter Training:
8:30-9:00
HS Clinic: 9-11
JH Clinic: 11-12

09

Palmyra Tourn.
Varsity & JV
FREE

10

Setter Training:
8:30-9:00
HS Clinic: 9-11
JH Clinic: 11-12

11

MOKAN @
Washburn
(\$35/person)
V and JV

12

13

14

HS Clinic: 8:30-10
Youth Camp:
10-12

15

HS Clinic: 8:30-10
Youth Camp:
10-12

16

Setter Training:
8:30-9:00
HS Clinic: 9-11

17

Setter Training:
8:30-9:00
HS Clinic: 9-11
JH Clinic: 11-12

18

Auburn Tourn.
Varsity & JV -
FREE

19

20

21

UNO Camp
Competition
Camp: \$74/
player

22

UNO Camp
Varsity Only

23

Setter Training:
8:30-9:00
HS Clinic: 9-11

24

Setter Training:
8:30-9:00
HS Clinic: 9-11
JH Clinic: 11-12

25

Reserve/Fresh.
Tournament at
Waverly
\$125/team

26

27

28

Setter Training:
8:30-9:00
HS Clinic: 9-11

29

Top 10 Tourn.
@ Kearney - V
\$59/person

30

Top 10 Tourn. @
Kearney - V

31

We plan on paying for all camps out of our Volleyball Fundraising account. If you would like to make a donation to the JCC Volleyball Fundraising account to help cover part of your child's camp/competition fees, that would be appreciated but not necessary. We want volleyball to be affordable for all. We also encourage all athletes to go to summer weights. A schedule will be released at some point, but the weight room will be open most mornings throughout the summer with an additional session in the evening. No summer activities are required. Participation in summer clinics and camps is intended to help improve your skills, get game-like reps, and prepare you for the fall season. During the month of June, we may have some open gyms or small group training sessions. Please contact one of the coaches if interested in setting up a training session via email or one of the methods below.

Remind: text message @jccvb23 to the number 81010; Coach Hedger: (417) 310-2571

Additionally, if you know you will be gone for any of the tournaments/camps, please let me know ASAP, so I can plan accordingly!